

The Tulsa Bump (P)

COPPER KNOB
BY STEPHENETS

拍数: 40 墙数: 0 级数: Partner
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音乐: The Tulsa Shuffle - The Tractors



Position: Start dance in sweetheart position, man's right arm over lady's right shoulder both holding right hands, lady's left arm in front of man with both holding left hands facing line of dance (LOD). Man's position is left side of lady and slightly behind

STROLLS

Both lady and man turn slightly left while stepping diagonally right to enhance moving along LOD. Same applies when stepping diagonally left, turn slightly right while stepping left.

- 1 Step right foot diagonally right while turning slightly left on ball of left foot
- 2 Drag and lock left foot behind right.
- 3 Step right foot diagonally right
- 4 Brush left foot against floor past right while turning LOD on ball of right foot.
- 5 Step left foot diagonally left while turning slightly right on ball of right foot
- 6 Drag and lock left foot behind right foot.
- 7 Step left foot diagonally left
- 8 Brush right foot against floor past left while turning LOD

STROLLS, ROCK, RECOVER, KICK, KICK

- 9 Step right foot diagonally right
- 10 Drag and lock left foot behind right foot (repeat technique above for strolls).
- 11 Step right foot diagonally right
- 12 Brush left foot against floor past right foot
- 13 Step rock left foot forward
- 14 Leaving right in place rock back on right foot
- 15 Kick left foot forward
- 16 Kick left foot forward

BACK, KICK, BACK, KICK, BACK, KICK, ROCK BACK, RECOVER

- 17 Step backwards on left foot
- 18 Kick right foot forward.
- 19 Step backwards on right foot
- 20 Kick left foot forward
- 21 Step backwards on left foot
- 22 Kick right foot forward
- 23 Step rock backwards on right foot
- 24 Leaving left in place rock forward on left foot

STEP, STEP, (LADY PIVOT TURNS), JAZZ BOX, SIDE TOUCH, HITCH

Lady steps forward on ball of right foot, turning full to the left. Having completed the turn or spin she steps forward on left foot on Count 26. Partners drop left hands while man leads lady, turning her under his uplifted right arm. Upon completion of the turn partners rejoin left hands.

- 25 Step forward on right foot
- 26 Step forward on left foot
- 27 Step right foot over left
- 28 Step backwards on left foot
- 29 Step right foot side right
- 30 Step left foot together with right foot
- 31 Touch right foot side right (man's slightly behind lady)

32 Hitch right knee

HIP BUMPS, HIP ROTATIONS

On the first step, both partners turn slightly right to place man more behind the lady.

33 Step right foot beside left, feet slightly apart and back and bump hips right

34 Bump hips right

35 Step left foot in place and bump hips left

36 Bump hips left

37-38 Begin 2 count hip rotation to the right in a ending with a slight bump left

This bump is a cross between a hip lift and a hip thrust. It is intended to be suggestive, rather than forceful, as when a friend comes to the side of another and teasingly bumps them with their hip

39-40 Begin 2 count hip rotation to the right in a horizontal plane ending with a slight bump left.

REPEAT
