Tu Es Ma Femme!



拍数: 0 墙数: 2 级数: Intermediate

编舞者: Katharina Handberg (DK) 音乐: Femme Like U - K.Maro



Sequence: AAB AAA CA

This dance is dedicated to my friend Betina

PART A

SKATE, SKATE, ROCK STEP, POINT, TURN, SWEEP ½ TURN, STEP

1-2 Skate right, skate left

3-4 Rock right forward, recover on left 5-6 Point right back, step ½ turn right

7-8 Sweep left ½ turn right, step left next to right

POINT, HOLD, POINT, HOLD, POINT, POINT, TOGETHER, STEP, HITCH

1-2 Point right to right side, hold

&3-4 Step right next to left, point left to left side, hold

&5&6 Step left next to right, point right to right side, step right next to left, point left to left side

&7-8 Step left next to right, step right to right side, hitch left

ROCK, KICK, SAILOR STEP, BEHIND, UNWIND, CROSS & HEEL

1-2 Rock left to left side, kick right to right side

Step right behind left, step left to left side, step right to right side

Touch left behind right, unwind ½ turn to left taking weight on left

7&8 Cross right over left, step left to left side, touch right heel forward diagonal right

& CROSS ROCK, RECOVER, CHASSE, CROSS, UNWIND, HIP BUMPS

&1-2 Step right next to left, cross rock left across right, recover on right
3&4 Step left to left side, step right next to left, step left to left side

5-6 Cross right over left, unwind ½ turn to left

7&8 Step right small step forward while bumping hips forward, bump hips back, bump hips

forward, (weight ends on left)

& ROCK STEP, BACK LOCKSTEP, ROCK STEP, TRIPLE FULL TURN

Step right next to left, rock left forward, recover on rightStep left back, lock right across left, step left back

5-6 Rock right back, recover on left7&8 Triple full turn right, left, right

SAILOR 1/4 TURN, KICK & POINT, POINT, 1/2 MONTEREY TURN

1&2 Cross left behind right, step right to right side and turn ¼ over left shoulder, step left to left

side.

3&4 Kick right forward, step right next to left, point left to left side

&5-6 Step left next to right, point right to right side, make a ½ turn right on ball of left stepping right

next to left

7-8 Touch left to left side, step left next to right

STEP, HOLD, TURN, HOLD, 34 BOX TURN

1-2	Sten right forward	hold h	(snap your fingers)
1-2	Step Hulli lolward	a. Holu.	(Silab voul lillueis)

3-4 Turn ½ turn left stepping left forward, hold, (snap your fingers)

5-6 Make ¼ turn left stepping right back, step left to left side

WALK, WALK, TURNING HIP BUMPS, FULL TURN

1-2 Walk right forward, walk left forward

Step right forward bump right hip forward, back, forward 5&6 Make ½ turn left bump left hip forward, back, forward

7-8 Make ½ turn left stepping right back, make ½ turn left stepping left forward

PART B

STEP, HOLD, TURN, HOLD, STEP, HOLD, TURN, HOLD

1-2 Step right forward, hold

3-4 Turn ½ turn left stepping left forward, hold

5-6 Step right forward, hold

7-8 Turn ½ turn left stepping left forward, hold

PART C

Just freeze in the first 4 counts

RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS, UNWIND, ROCK, RECOVER

1&2	Step right behind left, step left to left side, step right to right side
3&4	Step left behind right, step right to right side, step left to left side
5-6	Cross right behind left, unwind full turn right, (weight ends on right)

7-8 Rock left to left side, recover on right

CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, BEHIND, STEP

1-2	Cross left over right, step right to right side
3-4	Step left behind right, point right to right side
5-6	Cross right over left, step left to left side
7-8	Step right behind left, step left to left side

RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS, UNWIND, ROCK, RECOVER

1&2	Step right behind left, step left to left side, step right to right side
3&4	Step left behind right, step right to right side, step left to left side
5-6	Cross right behind left, unwind full turn right, (weight ends on right)

7-8 Rock left to left side, recover on right

CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, BEHIND, STEP

1-2	Cross left over right, step right to right side
3-4	Step left behind right, point right to right side
5-6	Cross right over left, step left to left side
7-8	Step right behind left, step left to left side