

# Trying To Groove

**COPPER KNOB**  
STEPSHEETS

拍数: 128      墙数: 4      级数: Advanced  
编舞者: Kurt Glover (AUS)  
音乐: Why Me - Delbert McClinton



## **STEP, CROSS, FULL TURN, STEP, TOUCH, CROSS, STEP, SCUFF**

1-2      Step left to left side, cross right over left  
3-4      Full turn left, step right across left  
5&6      Touch left to left side, step left slightly behind right, step right across left  
7-8      Step left to left side turning body left on a 45 degrees angle, scuff right

## **STEP, STEP, HALF TURN, STEP, SCUFF, HITCH**

1-2      Step right back, step left back  
3-4      Turn ½ turn right stepping on right, step on left turning full turn right  
5-6      Step right forward, step left forward  
7-8      Scuff right beside left, bring right knee up

## **KICK, 45, KICK, KICK, CROSS, HALF TURN, STEP, TOUCH**

1-2      Kick right back, turning 45 degrees right keeping right leg off the floor  
3-4      Kick right forward, bring right back keeping it off the floor  
5-6      Kick right to right side, cross right over left  
7&8      Turn ½ turn left, step left on spot, touch right next to left

## **STEP, BEHIND, STEP, FULL TURN, STEP, KICK, TOUCH**

1-2      Step right to right side, step left behind right  
3-4      Step right to right side, step left across & turn full turn right  
5-6      Step right across left, step left to left side  
7-8      Kick right to right side, step right behind left

## **STEP, KICK, STEP, KICK, STEP, KICK, ¾ TURN, KICK**

1-2      Step left to left side, kick right to right side  
3-4      Step right behind left, step left to left side  
5-6      Kick right to right side, step right across left  
7-8      Turn ¾ turn left, kick right forward

## **TWIST FORWARD, TWIST TOGETHER, TWIST BACK, TWIST, TWIST, TWIST FORWARD, TWIST BACK**

1-2      Step right forward twisting heels right, step right back next to left twisting heels left  
3-4      Step left back twisting heels right, step left forward next to right twisting heels left  
5-6      Step right forward twisting heels right, step left forward twisting heels left  
7-8      Step left back next to right twisting heels right, step right back twisting heels left

## **STEP, LOCK, STEP, BACK, ¾ TURN, STEP, TOUCH**

1-2      Step right forward, lock left behind right  
3-4      Step right forward, step left back lifting right off floor  
5-6      Turn ¾ right, step right  
7-8      Step left to left side, touch right beside left

## **CROSS, HALF TURN, HOLD, CROSS, HALF TURN, HOLD, CROSS, HALF TURN**

1-2      Cross right over left, turn ½ turn left  
3&4      Hold, step right slightly, cross left over right  
5-6      Turn ½ turn right, hold

&7-8 Step right slightly, cross left over right, turn ½ turn right

**STEP, SCUFF, TOUCH, HALF TURN, TOUCH, STEP, CROSS, STEP TOUCH**

1-2 Step left forward, scuff right beside left  
3-4 Touch right to right side, turn ½ turn right & bring right beside left  
5&6 Touch left to left side, step left slightly behind right, step right across left  
7-8 Step left to left side, touch right beside left

**STOMP BALL CHANGE, KICK, KICK, COASTER STEP, STOMP CHANGE**

1&2 Stomp right, step right back, step left on spot  
3-4 Kick right forward, kick right to right side  
5&6 Step right back, step left back, step right forward (coaster step)  
7&8 Stomp left, step left back, step right on spot

**HEEL PUMPS, HEEL PUMPS, BOX STEP, STEP, STEP, CROSS**

1-2 Pump left heel forward across right twice  
&3-4 Step left to left, pump right heel forward across left twice  
&5-6 Step right to right, cross left over right, step right back  
7&8 Step left to left, step right on spot, step left across right

**STEP, SLIDE, TWIST, TWIST, STEP, CLAP, HIP BUMPS**

1-3 Large step on right to right, sliding left into right for 2 counts  
&4 Twist heels left, twist center  
5-6 Step left to left, step right beside left and clap  
7-8 Step right to right, bump hips right twice

**CROSS, HALF TURN, STEP, TOUCH, SIDE, TOUCH, SIDE, STEP KICK**

1-2 Step right across left, turn ½ turn left  
3-4 Step left to left, touch right beside left  
5-6 Step right to right, touch left beside right  
7&8 Step left to left side, step right on the spot, kick left across body

**CLICK, CLICK, SHUFFLE LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, STEP, HALF TURN**

1-2 Click right twice  
3&4 Turn to the 45 degrees angle & shuffle forward left-right-left  
5&6 Shuffle forward right-left-right  
7-8 Step left forward, pivoting ½ turn right (stay on the angle)

**SHUFFLE LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, STEP, ¼ TURN, STEP, HALF TURN**

1&2 Shuffle forward left-right-left  
3&4 Shuffle forward right-left-right  
5-6 Step left forward, pivoting ¼ turn right (off the angle now)  
7-8 Step left forward, pivoting ½ turn right

**STEP, BUMP HIPS, BUMP HIPS, ¼ TURN, STRUT, STRUT**

1-2 Step left to left bumping hips left twice  
3-4 Bump hips right twice  
5-6 Turn ¼ turn left step left forward strutting heel/toe  
7-8 Step right forward strutting forward heel/toe

**REPEAT**

---