

Trust

拍数: 32 墙数: 4 级数: Improver
编舞者: John Bishop (AUS)
音乐: Trust - GANGgajang



SHUFFLE SIDE, COASTER CORNER 1/8 RIGHT, FORWARD, SIDE, COASTER 1/4 LEFT

1&2 Shuffle left, right, left sideways to left
3&4 Step right back facing 45 degrees right (1:00), step left together, step right forward at 45 degrees right
5-6 Step left forward still facing corner, step right to side straightening up to front wall
7&8 Step left back turning 1/4 turn left (9:00), step right together, step left forward (9:00)

SHUFFLE FORWARD, FORWARD-TOGETHER-BACK, &-BACK, UNWIND 3/4 RIGHT, CROSS SHUFFLE

1&2 Shuffle forward right, left, right
3& Step left forward at 45 degrees left (diagonally left), step right together
4 Step left slightly back at a small angle to the left
& Step right back at 45 degrees right (diagonally right)
5 Cross/step left back over right
6 Unwind on balls of both feet 3/4 turn right (6:00 weight ends on left)
7&8 Cross shuffle right, left, right to left

SIDE ROCK CROSS SHUFFLE, HALF TURN CROSS SHUFFLE

1-2 Rock/step left to side, side rock onto right
3&4 Cross shuffle left, right, left to right
5 Step right back turning 1/4 turn left
6 Step left to side turning 1/4 turn left
7&8 Cross shuffle right, left, right to left

SIDE-ROCK-CROSS, BACK 1/4 LEFT, TURN 1/2 LEFT, KICK-BALL-STEP-BALL-STEP-BALL-STEP-BALL (GALLOP)

1&2 Rock/step left to side, side rock onto right, cross/step left over right
3 Step right back turning 1/4 turn left
4 Step left forward turning 1/2 turn left
5 Kick right forward
&6&7 Step ball of right together, step left forward, step ball of right together, step left forward
&8& Step ball of right together, step left forward, step ball of right together

REPEAT

TAG

At the end of the 7th wall (facing 9:00) add four (4) paddle turns turning a total of one-and-a-quarter (450 degrees) turns right to face front wall and restart. Sway your hips to accentuate the turns

1-8 Step left forward, pivot more than 1/4 turn right changing weight to right; repeat 3 more times