

True Type (P)

拍数: 32 墙数: 0 级数: Partner
编舞者: Nathalie Thivierge (CAN)
音乐: I Should Have Been True - The Mavericks



Position: Right open promenade, man's right hand holding lady's left hand

MAN'S STEPS

HEEL GRIND, ROCK, SHUFFLE

1-2 Step left heel forward toes in, rock weight back on right foot moving toes out
3-4 Shuffle forward, left, right, left

THREE STEPS IN PLACE, TOUCH

5-8 Step in place, right, left, right, touch left toe next to left instep

When lady is in front, the man will place his right hand on her right hand which will be on her right hip and place her left hand into his left hand as he extends his left arm out to the left side, hands shoulder height.

SLIDING BOX

9-10 Step left foot forward, slide right foot next to left instep
11-12 Step right foot right, slide/step left foot next to right
13-14 Step back on right foot, slide left foot next to right instep
15-16 Step left foot left, slide/touch right foot next to left

STEP ¼ TURN, TOUCH, STEP, CROSS

17-20 Step right foot into ¼ turn right you are now facing outside LOD, touch left foot next to right (the man brings down lady's arms), step left foot to left side, cross right foot behind left

STEP CROSS, STEP ¼ TURN, SCUFF

21-24 Step left foot to left side, cross right foot in front of left, step left foot into ¼ turn to left, you are now back in the LOD scuff right foot forward

At count number 23, the man brings up lady's both arms in right side by side position

GRAPEVINE RIGHT, STEP

25-28 Step right with right foot, cross left foot behind right, step right foot right, step left foot next to right, release hands at the end of this sequence.

TWIST APART

29-32 Twist both heels left, twist both toes left, twist both heels left, twist both toes center (weight on right) man takes lady's left hand into his right hand

REPEAT

LADY'S STEPS

HEEL GRIND, ROCK, SHUFFLE

1-2 Step right heel forward toes in, rock weight back on left foot moving toes out
3-4 Shuffle forward right, left, right

FULL TURN TO THE LEFT

5-8 Stepping to the left the lady does a full turn left, right, left, right

The lady switches her right hand in man's right hand while making her turn. She ends up in front of the man, her back to his chest right hand at her waist, left hand extended.

SLIDING BOX

- 9-10 Step left foot forward, slide right foot next to left instep
11-12 Step right foot right, slide/step left foot next to right
13-14 Step back on right foot, slide left foot next to right instep
15-16 Step left foot left, slide/touch right foot next to left

STEP ¼ TURN, TOUCH, STEP, CROSS,

- 17-18 Step right foot into ¼ turn right, you are now facing outside LOD touch left foot next to right (the man brings down lady's arms), step left foot to left side, cross right foot behind left,

STEP CROSS, STEP ¼ TURN, SCUFF

- 21-24 Step left foot to left side, cross right foot in front of left, step left foot into turn to left, you are now back in the LOD scuff right foot forward

GRAPEVINE RIGHT, STEP

- 25-28 Step right with right foot, cross left foot behind right, step right foot right, step left foot next to right, release hands at the end of this sequence

TWIST APART

- 29-32 Twist both heels right, twist both toes right, twist both heels right, twist both toes to center (weight on left) lady puts her left hand in man's right hand

REPEAT
