

Troubled Mind

拍数: 32 墙数: 4 级数:
编舞者: Gordon Elliott (AUS)
音乐: Ease My Troubled Mind - Ricochet



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- 1-4 Kick left forward, stomp left together, clap twice
- 5-6 Step left to the side, slide right together
- 7-8 Step left to the side, slide right together
- 9-10 Strut-step right heel forward, slap right toe to the floor
- 11-12 Step left heel forward, slap left toe to the floor
- 13-14 Touch right heel forward, touch right toe back
- 15 Pivoting on the left-turn $\frac{1}{4}$ turn right
- 16 Hitch right knee across body and slap with left hand
- 17-18 Step right to the side, step left behind right
- 19 Step right to the side
- 20 Hitch left knee across body and slap with right hand
- 21 Touch left toe to the side
- 22 Step left toe across in front of right
- 23 On the balls of the feet-turn $\frac{1}{2}$ turn right
- 24 Kick right forward
- 25-26 Step right back, touch left toe back
- 27-28 Step left forward, kick right forward
- 29-30 Step right back, step left back
- 31 Turning $\frac{1}{2}$ turn right, step right forward
- 32 Stomp left together

REPEAT
