

# Troubled Mind

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数:  
编舞者: Gordon Elliott (AUS)  
音乐: Ease My Troubled Mind - Ricochet



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- 1-4            Kick left forward, stomp left together, clap twice
- 5-6            Step left to the side, slide right together
- 7-8            Step left to the side, slide right together
- 9-10          Strut-step right heel forward, slap right toe to the floor
- 11-12         Step left heel forward, slap left toe to the floor
- 13-14         Touch right heel forward, touch right toe back
- 15             Pivoting on the left-turn  $\frac{1}{4}$  turn right
- 16             Hitch right knee across body and slap with left hand
- 17-18         Step right to the side, step left behind right
- 19             Step right to the side
- 20             Hitch left knee across body and slap with right hand
- 21             Touch left toe to the side
- 22             Step left toe across in front of right
- 23             On the balls of the feet-turn  $\frac{1}{2}$  turn right
- 24             Kick right forward
- 25-26         Step right back, touch left toe back
- 27-28         Step left forward, kick right forward
- 29-30         Step right back, step left back
- 31             Turning  $\frac{1}{2}$  turn right, step right forward
- 32             Stomp left together

**REPEAT**

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