

# Trouble

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Al Vigus (UK)  
音乐: Trouble - Basement Jaxx



## RIGHT CROSS, STEP BACK, CHASSIS RIGHT, LEFT CROSS, STEP BACK, CHASSIS ¼ TURN LEFT

1-2            Cross right over left, step back on left  
3&4           Step right to right side, step left next to right, step right to right side  
5-6           Cross left over right, step back on right  
7&8           Step left to left side, step right next to left, turn ¼ turn to left stepping forward on left (9:00)

## FORWARD ROCK, RIGHT SHUFFLE BACK, LEFT PADDLE FULL TURN, HOLD

9-10           Rock forward on right, replace weight back on left  
11&12        Step back on right, step left next to right, step back on right  
13&14        Step 1/3 turn to left on left foot, step ball of right foot next to left heel, step 1/3 turn to left on  
&15-16       Left foot, step ball of right foot next to left heel, step 1/3 turn to left on left foot, hold (9:00)

## WALK RIGHT, LEFT, RIGHT ROCK & CROSS, TWO ¼ RIGHT TURNS, CROSS ROCK & ¼ TURN LEFT

17-18        Walk forward on right, walk forward on left  
19&20        Rock right to right side, replace weight onto left foot, cross right over left  
21-22        Turn ¼ turn right stepping back on left, turn ¼ turn right stepping right to right side  
23&24        Cross left over right, replace weight onto right, turn ¼ turn left stepping forward on left (12:00)

## PIVOT ½ TURN LEFT, FORWARD RIGHT MAMBO, SYNCOPATED SAILORS WITH A LEFT POINT, HOLD

25-26        Step forward on right, pivot ½ turn left  
27&28        Rock forward on right, replace weight back onto left, step right slightly behind & to right of left  
29&30        Step left behind right, step right to right side, step left to left side  
&31-32       Step right behind left, point left toes out to left (weight on right), hold (6:00)

## LEFT FORWARD ROCK, ½ TURNING LEFT SHUFFLE, RIGHT FORWARD ROCK, ½ TURNING RIGHT SHUFFLE

33-34        Rock forward on left, replace weight back on right  
35&36        Turning ¼ turn to left step left to left side, step right next to left, turn ¼ turn to left step forward on left  
37-38        Rock forward on right, replace weight back on left  
39&40        Turning ¼ turn to right step right to right side, step left next to right, turn ¼ turn right step forward on right (6:00)

## PIVOT ¾ TURN RIGHT, CHASSIS LEFT, BEHIND-SIDE-CROSS-REPLACE-CROSS, HOLD

41-42        Step forward on left, pivot ¾ turn to right  
43&44        Step left to left side, step right next to left, step left to left side  
45&46        Step right behind left, step left to left side, cross right over left  
&47-48       Replace weight back on left, cross right over left (with weight on right), hold (3:00)

## LEFT SIDE ROCK, BEHIND-SIDE-CROSS, TWO ¼ TURNS LEFT, RIGHT CROSS SHUFFLE

49-50        Rock left to left side, replace weight onto right  
51&52        Step left behind right, step right to right side, cross left over right  
53-54        Turn ¼ turn to left stepping back on right, turn ¼ turn to left stepping left to left side  
55&56        Cross right over left, step left to left side, cross right over left (9:00)

## HIP SWAYS LEFT & RIGHT, LEFT SAILOR, TOUCH TURNS TO LEFT (HALF TURN) HOLD

57-58        Step left to left side swaying hips to left, replace weight onto right swaying hips to right

59&60 Step left behind right, step right to right side, step left to left side  
61& Touch right toes to right side, bring right foot next to left knee turning  $\frac{1}{4}$  turn left  
62& Repeat 61&  
63-64 Touch right toes to right side, hold (3:00)

**REPEAT**

**The music loses it's beat 15 seconds before the end of the track. Just dance through it to the finish**

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