

# Triple Threat

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Michael Barr (USA)  
音乐: Triple Threat - Rick Tippe



Being asked by Rick Tippe to choreograph a dance to this, his new song, has been a pleasure. This dude knows how to phrase a song!!! Thanks, Rick!!! The dance has a theme of "triples" having most 4 count step/phrases repeating 3 times. This will make for a pretty quick teach. Have fun out there!!!

## **TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-TAP LEFT HEEL-BALL-CHANGE, TAP STEP**

- 1&2      Tap right heel next to left toe, quickly step ball of right foot next to left instep, step left foot slightly forward
- 3-4      Tap right heel next to left toe, step right foot slightly forward
- 5&6      Tap left heel next to right toe, quickly step ball of left foot next to right instep, step right foot slightly forward
- 7-8      Tap left heel next to right toe, step left foot slightly forward

## **TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-HEEL SWITCHES, HOLD, CLAP**

- 1&2      Tap right heel next to left toe, quickly step ball of right foot next to left instep, step left foot slightly forward
- 3-4      Tap right heel next to left toe, step right foot slightly forward
- 5&6      Touch left heel forward at 45 degree left angle, quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &7-8      Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle, hold position and clap

## **TURNING HEEL SWITCHES, HOLD, CLAP-TURNING HEEL SWITCHES, HOLD, CLAP**

- &1      Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &2      Quickly step right foot home, ¼ turning to the left on ball of right foot, touch left heel forward on 45 degree left angle
- &3-4      Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle, hold position and clap
- &5      Quickly step right foot home, ¼ turning to the left on ball of right foot, touch left heel forward on 45 degree left angle
- &6      Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &7-8      Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle, hold position and clap

## **SHIMMIES LEFT, TOUCH, HOLD-SHIMMIES RIGHT, TOUCH, HOLD**

- 1-2      Side step left on left foot and shimmy shoulders. Continue to shimmy shoulders
- 3-4      Touch ball of right foot next to left foot, hold position
- 5-6      Side step right on right foot and shimmy shoulders, continue to shimmy shoulders
- 7-8      Touch ball of left foot next to right foot, hold position

## **SHIMMIES LEFT, TOUCH, HOLD-RIGHT VINE WITH ¼, ¼ BRUSH**

- 1-2      Side step left on left foot and shimmy shoulders, continue to shimmy shoulders
- 3-4      Touch ball of right foot next to left foot, hold position
- 5-6      Side step right on right foot, cross and step left foot behind right foot
- 7-8      Step ¼ turn right on right foot, brush left foot forward as you pivot ¼ turn to the right on ball of right foot -total of ½ turn right

### **LEFT VINE WITH A BRUSH-RIGHT VINE WITH SYNCOPATED ¼, ¼ BRUSH**

- 1-2 Side step left on left foot, cross and step right foot behind left foot
- 3-4 Side step left on left foot, brush right foot forward
- 5-6 Side step right on right foot, cross and step left foot behind right foot
- &7-8 Quickly step ball of right foot forward and ¼ turn to the right, step left foot forward into ¼ turn to the right, brush right foot forward hitching right knee

#### **Easier variation for counts &7-8 (leaving out the & count for &7)**

- 7 Step right foot forward into ¼ turn to the right
- 8 Step left foot forward into another ¼ turn to the right

### **CROSS TOE TAPS, STEP, SIDE TOE TAPS, STEP-REPEAT**

- 1-2 Cross right over left and tap right toe up off floor, step right foot down in place (legs are in crossed position)
- 3-4 Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)
- 5-6 Cross right over left and tap right toe up off floor, step right foot down in place (legs are in crossed position)
- 7-8 Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)

### **KICK-BALL-CHANGE, KICK-BALL-CHANGE, KICK-BALL-CROSS, SIDE STEP, STEP TOGETHER**

- 1&2 Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step left foot beside right foot
- 3&4 Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step left foot beside right foot
- 5&6 Kick right foot forward at slight left angle, small side step to the right on ball of right foot, cross and step left foot over right foot
- 7-8 Long side step to the right on right foot, slide and step left foot next to right foot

### **REPEAT**

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