

Triple "D" Rock It

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Baby Likes to Rock It - The Tractors



Start 16 Beats after Keyboard Intro.

RIGHT KICKBALL CHANGE, ROCK - ROCK (TWICE):

1&2 Right kick, right foot step next left, left foot step next right
3-4 Right foot step side (rock), left foot step in place (rock)
5-8 Repeat 1 through 4

HEEL STRUTS:

9-10 Right foot heel step forward, right foot ball of foot step slap down
11-12 Left foot heel step forward, left foot ball of foot step slap down
13-16 Repeat 9 through 12

LIFT - STEP BACK, LIFT - STEP BACK, BACK TWO, KICKBALL CHANGE:

Hoot! on lifts

17-20 Right foot knee lift (high), right foot step back, left foot knee lift (high), left foot step back
21-22 Right foot step back, left foot step back
23-24 Right foot kick, right foot step next left, left foot step next right

STEP-DRAG THREE TIMES, THEN STEP-TOUCH:

Clap on drags & touch

25-26 Right foot step side (point toes $\frac{1}{4}$ turn to right), left foot drag to right (twist toes front)
27-32 Repeat 3 times facing front (left foot has no weight on last drag, i.e., Touch beside right)

"Twist hips Left/Right while doing Step/Drags"

STEP-DRAG, STEP-DRAG, STEP-DRAG, STEP-TOUCH

Clap on drags & touch

33-34 Left foot step side (point toes $\frac{1}{4}$ turn to left), right foot drag to left (twist toes front)
35-40 Repeat 3 times (light has no weight on last drag) facing front

"Twist hips right then left while doing STEP/DRAG"

STEP-TURN, STEP TURN, STEP-TOUCH, STEP-TOUCH:

Clap on touch

41-42 Right foot step forward, pivot $\frac{1}{4}$ turn left
43-44 Right foot step forward, pivot $\frac{1}{2}$ turn left (now facing $\frac{1}{4}$ turn to right of starting wall)
45-48 Right foot step side, left foot touch behind right left foot step side, right foot touch behind left

WIGGLE RIGHT - WIGGLE LEFT, RIGHT-LEFT-RIGHT-LEFT:

49-52 Right foot step side and bump hips right 2 times. Left foot step in place and bump hips left 2 times.
53-56 Bumps hips right, then left, then right, then left

RIGHT ROCK FORWARD AND BACK, RIGHT ROCK BACK AND FORWARD: ROCK-ROCK, ROCK-ROCK, ROCK-ROCK, ROCK-ROCK:

57-60 Right foot rock forward, left foot rock back (clap) right foot rock back, left foot rock forward, (clap)
61-64 Repeat 57-60

REPEAT

