

Trilogy - C

拍数: 32 墙数: 2 级数: Intermediate/Advanced
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音乐: Faded - Soul Decision



This is the section C of the Dance Trilogy and done with reference to the video tape

RIGHT KICK LEFT CROSS STEP BACK STEP BESIDE (KICK AT ANGLE 11:00)

1& Kick right foot, right in place
2& Kick left foot, cross over right foot
3-4 Step right foot back, step left beside

STOMP RIGHT STOMP LEFT KICK RIGHT

5&6 Stomp right foot stomp left foot & kick right foot forward
&7 Step back right foot & tap left heel forward
&8 Step down left foot & touch right foot beside

KICK RIGHT FORWARD CROSS LEFT, POINT LEFT TO LEFT

1&2 Kick right foot forward, cross over left foot & point left toe to left
3-4 Point left toe cross behind right foot to the right, point to the left
5 Point left toe cross behind right foot to the right

FULL TURN LEFT WITH LEFT RIGHT LEFT RIGHT LEFT (5 STEPS)

6& Step left down $\frac{1}{4}$ left, step right foot $\frac{1}{4}$ left
7& Step left foot $\frac{1}{4}$ left, step right foot $\frac{1}{4}$ left
8 Step left forward

Kind of like a samba roll, full turn

KICK, POINT. TURN $\frac{1}{4}$ LEFT BOUNCE TWICE, SYNCOPATED CROSS STEP

1&2 Kick right foot forward, cross over left step down & point left toe to the left
3 Step down on left foot with $\frac{1}{4}$ left turn & bend knees down
4 Stand up & bend down again (kind of bouncing)
&5 Step on right foot $\frac{1}{4}$ turn right & cross left foot over right
6 Step right foot to the right
&7 Step on left foot & cross right foot over left
8 Step left foot to the left

TURN RIGHT $\frac{1}{4}$ & FULL LEFT TURN (MOVING TOWARDS 9:00)

1 Turn on left foot $\frac{1}{4}$ right, step right foot back
2 Turn on right foot $\frac{1}{4}$ left, step left foot to left
3 Turn on left foot $\frac{1}{2}$ left, step right foot to right
4 Turn on right foot $\frac{1}{4}$ left, step left foot back (should to facing $\frac{1}{4}$ right to start of dance, 3:00)

STEP FORWARD SCUFF & HOP, TURN LEFT $\frac{3}{4}$

5& Step right foot forward, scuff left foot & hop forward
6 Step down on both feet
7 Feet together, turn on right foot $\frac{1}{4}$ left
8 Feet together, turn on left foot $\frac{1}{2}$ left (face back wall)

REPEAT