

Trickster!

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Ken Henley (USA)
音乐: Tricky, Tricky - Lou Bega



CROSS, BACK, CROSS, BACK

- 1-5 Cross step left over right; step right back; step left back, facing 11:00 cross right over left, step left back
6 Pivot ½ to the right on left sole stepping slightly forward on right
7-8 Walk forward: left; right

ROCK FORWARD, HOLD, FORWARD, BACK; BACK LEFT, RIGHT, LEFT; TOUCH

- 1-4 Step/rock forward onto left; hold; rock back onto right, hold
5-8 Walk back: left; right; left; touch right next to left

RIGHT VINE; "TRICKY MOVES"- BEND, TURN, TOUCHES, TURN

- 1-4 Step right to right; cross step left behind right; step right to right; stamp left next to right
5 Facing forward, bend both knees with left toe touching near right instep
6 Turn 45 degrees left on right sole, straightening legs and touching left heel slightly forward
7 Return facing forward while bending both knees with left toe touching near right instep (same position as count 5)
8 Turn 45 degrees left on right sole, straightening legs and touching left heel slightly forward (weight on right foot)

LEFT VINE; "TRICKY MOVES"- BEND, TURN, TOUCHES, TURN

- 1-4 Step left to left; cross step right behind left; step left to left; stamp right next to left
5 Facing forward, bend both knees with right toe touching near left instep
6 Turn 45 degrees right on left sole, straightening legs and touching right heel slightly forward
7 Return facing forward while bending both knees with right toe touching near left instep (same position as count 5)
8 Turn 45 degrees right on left sole, straightening legs and touching right heel slightly forward (weight on left foot)

SLIDE; TOUCH; POINT; TOUCH; SLIDE; TOUCH; POINT; TOUCH

- 1-4 Slide right to right; touch left next to right; point left to left; touch left next to right
5-8 Slide left to left; touch right next to left; point right to right; touch right next to left

FORWARD, RECOVER/CLAP, BACK; RECOVER/CLAP, FORWARD, RECOVER/CLAP, TURN, STEP

- 1-2 Step/rock forward on right; recover onto left with a clap
3-4 Step/rock back on right; recover onto left with a clap
5-6 Step/rock forward on right; recover onto left with a clap
7-8 Pivot ½ to the right on left sole stepping slightly forward on right; step left next to right

REPEAT PREVIOUS 8 COUNTS

- 1-2 Step/rock forward on right; recover onto left with a clap
3-4 Step/rock back on right; recover onto left with a clap
5-6 Step/rock forward on right; recover onto left with a clap
7-8 Pivot ½ to the right on left sole stepping slightly forward on right; step left next to right

WALK FORWARD; SYNCOPATED ROCK FORWARD, BACK, FORWARD; 2-COUNT "CHICKEN WALK FORWARD"

- 1-4 Walk forward (small steps): right; left; right; left

5&6 Step/rock slightly forward onto right; recover on left; rock slightly forward on right
7&8 Walk forward: left, right

REPEAT

Optional advanced styling (last 8 counts)

Through counts 1-4 (an enhanced "Shorty George") keep arms straight down at sides with index fingers pointing to floor while torso faces forward and knees bent touching together

1 Shoulders: drop left, raise right with knees pointing 45 degrees right and step right slightly forward

2 Shoulders: raise left, drop right with knees pointing 45 degrees left and step left slightly forward

3&4 Repeat counts 1&2

FORWARD MASHED POTATO STEPS

5& Right sole forward heels out; left sole forward heels in

6& Repeat 5&

7&8 Step left forward; (&) knees apart (bowleg); step forward on right (knees together)
