

Trick Me

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tripple xXx (UK)
音乐: Trick Me - Kelis



ROCK FORWARD, BACK, SHUFFLE RIGHT, TOUCH STEP, LEFT COASTER STEP

- 1&2 Rock forward on right foot, recover onto left foot, rock back onto right foot
&3&4 Recover onto left foot, step forward on right foot, close left foot to right foot, step forward on right foot
5-6 Touch left foot forward, step back on left foot
7&8 Step back on right foot, close left foot to right foot, step forward on right foot

LEFT MAMBO CROSS, RIGHT MAMBO CROSS ¼ TURN LEFT, FULL TURN RIGHT, ½ TURN RIGHT

- 1&2 Rock left foot to left side, close right foot to left foot, step left foot across right foot
3&4 Rock right foot to right side, close left foot next to right foot, step right foot across left foot making a ¼ turn left
5-6 Step forward on left foot making a ½ turn right, step back on right foot making a ½ turn right
7&8 Step forward on left foot, close right foot next to left foot making a ¼ turn right, cross left foot over right foot making a ¼ turn right

KICK BALL STEP RIGHT TWICE, KICK ACROSS TWICE RIGHT, LEFT, STEP ½ TURN LEFT

- 1&2 Kick right foot forward, step right foot next to left foot, step forward on left foot
3&4 Kick right foot forward, step right foot next to left foot, step forward on left foot
5&6 Kick right foot across left foot, step right foot next to left foot, kick left foot across right foot
&7-8 Step left foot next to right foot, step forward on right foot, make a ½ turn left

WIZARD OF OZ STEPS RIGHT, LEFT, STEP ¼ TURN LEFT, STEP ¼ TURN LEFT

- 1-2& Step right foot diagonally forward to right side, lock left foot behind right foot, step forward on right foot
3-4& Step left foot diagonally forward to left side, lock right foot behind left foot, step forward on left foot
5-6 Step forward on right foot, make a ¼ turn left
7-8 Step forward on right foot, make a ¼ turn left

REPEAT
