

Treat Me Nice

拍数: 64 墙数: 1 级数: Beginner
编舞者: Dianne Evans (UK)
音乐: Elvis Medley - The Deans Brothers



STEP CLAP X4

1-2 Step right to right, clap
3-4 Step left to left, clap
5-8 Repeat above 4 counts

SIDE RIGHT CROSS LEFT SCOOT SCOOT, COASTER STEP

1-2 Step to side on right, cross left over right
3-4 Raise right leg behind slightly bent and 2 scoots back on left foot (lean slightly forward)
5-6-7 Step back right foot, join left foot to right, step forward right foot
8 Hold

STEP CLAP X4

1-2 Step left to left, clap
3-4 Step to right and clap
5-8 Repeat above 4 counts

SIDE LEFT CROSS RIGHT SCOOT SCOOT, COASTER STEP

1-2 Step to side on left, cross right over left
3-4 Raise left leg behind slightly bent and 2 scoots back on right foot (lean slightly forward)
5-6-7 Step back left foot, close right foot to left, step forward left
8 Hold

ROCK RECOVER ½ TURN SHUFFLE, ROCK RECOVER STEP

1-2 Rock forward right, recover back left
3&4 Step side right with ¼ turn right, close left to right, step forward right with ¼ turn right
5-6-7 Rock forward left, recover back right step to side on left
8 Hold

ELVIS KNEES 2 SLOW 3 QUICK

1-2 Place right foot on ball and drop right knee in to meet left, hold
3-4 Transfer weight to right, place left foot on ball and drop left knee into meet right
5-6-7 Change knees right, left, right
8 Hold

ROCK RECOVER ½ TURN SHUFFLE, ROCK RECOVER STEP

1-3 Rock forward right, recover back left
3&4 Step side right with ¼ turn right, close left to right, step forward right with ¼ turn right
5-6-7 Rock forward left, recover back right step to side on left
8 Hold

ELVIS KNEES 2 SLOW 3 QUICK

1-3 Place right foot on ball and drop right knee in to meet left, hold
3-5 Transfer weight to right, place left foot on ball and drop left knee into meet right
5-6-7 Change knees right, left, right
8 Hold

REPEAT
