

# Trashy Women

**COPPER KNOB**  
STEPSHEETS

拍数: 58      墙数: 2      级数: Intermediate  
编舞者: Pat Eodice (USA)  
音乐: Trashy Women - Confederate Railroad



## STEPS & SLIDES

- 1-2            Step to left side, slide and touch right next to left
- 3-4            Step to left side, slide and touch right next to left
- 5-6            Step to right side, slide and touch left next to right
- 7-8            Step to right side, slide and touch left next to right

## THE JUMP SPLIT

- 9              Jump and split right foot to right side, left to left,
- 10             Jump and cross right foot over left
- 11-12         Unwind  $\frac{1}{4}$  turn to left and clap hands

## BUMPS & HIP ROLLS

- 13-14         Bump left hip to left and hold 1 beat
- 15-16         Bump right hip to right and hold 1 beat
- 17-20         Hip roll (trashy) right, left, right, left (weight on left foot)

## CHORUS LINE KICKS

- 21-22         Kick right foot out and slightly across body then step back in place.
- 23-24         Kick left across body and step next to right
- 25-26         Kick right foot out and slightly across body then step back in place.
- 27-28         Kick left across body and step left across right

## THE ANGLE STEP & CLAP (CLAP AFTER EACH STEP YOU TAKE IN THIS SECTION)

- &29            Step back right, left
- &30            Step back right, left
- &31            Step back right, left
- &32            Right, left (weight stays on left foot throughout)

## MONTEREY TURN

- 33            Point right foot out to right side
- 34            Bring right foot back in while making  $\frac{1}{4}$  turn to right
- 35-36         Point left foot out to left, bring left foot back
- 37            Point right foot out to right side
- 38            Bring right foot back in while making  $\frac{1}{4}$  turn to right
- 39-40         Point left foot out to left, touch left next to right
- 41-42         Step back 45 degrees on left, touch right next to left
- 43-44         Step back 45 degrees right, touch left next to right.
- 45-46         Step back 45 degrees on left, touch right next to left
- 47-48         Step back 45 degrees right, touch left next to right.

## BUMPS & HIP ROLLS

- 49-50         Bump left hip to left and hold 1 beat
- 51-52         Bump right hip to right and hold 1 beat
- 53-56         Roll hips (trashy) left, right, left, right (weight on right foot)
- 57-58         Kick twice with left foot

REPEAT

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