The Trail



拍数: 36 墙数: 4 级数: Intermediate

编舞者: Steve Cooper & Alison Cooper 音乐: Old Chisholm Trail - Randy Travis



RIGHT BRUSH UP, CHARLESTON STEP

1-4 Touch right heel at 45 degrees, brush up under left knee, touch right heel at 45 degrees,

touch right toe back

5-8 Step forward on right, kick left foot forward, step back on left, touch right toe back

1/2 TURN HITCH, STEP BACK & KICK, BACK, BACK, FORWARD TOUCH

1-4 ½ turn onto right foot, hitch left knee, step back on left, kick right forward

5-8 Step back right, step back left next to right, step forward right, touch left next to right

LEFT VINE 1/4 TURN TOGETHER, HEEL SPLITS, HEEL BRUSH

1-4 Step left to side, step right behind left, turn ¼ turn onto left, step together with right

5-8 Split heels apart, bring heels together (taking weight on left), touch right heel at 45 degrees,

brush right heel up under left knee

RIGHT VINE, MONTEREY TURN

1-4 Step right to side, step left behind right, step right to side, step left next to right

5-8 Point right toe to side, turn ½ turn right taking weight onto right, point left toe to side, bring left

next to right taking weight onto left

ROLLING RIGHT VINE

1-4 Step to right turning ¼ turn right onto right foot, continue to turn right ¼ turn stepping left to side, continue to turn right ½ turn stepping right to side, step left together taking weight on left

REPEAT

TAG

On 4th and 9th sequence, drop the last 4 beats (rolling right vine) to stay in time with the music

FINISH

Finish dance to face the front wall. You will be facing the side wall when on the last step, instead of ½ Monterey turn, do a ¼ Monterey turn to finish.