

Tractorology

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Intermediate
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音乐: Shortenin' Bread - The Tractors



HIP BUMPS

1-2 Bump hips right twice
3-4 Bump hips left twice
5-6 Bump hips right twice
7-8 Bump hips left twice.

WALKS FORWARD AND BACK

9-10 Walk forward right, left
11-12 Walk forward right; kick left forward
13-14 Walk back left, right
15-16 Walk back left; touch right beside left.

ANGULAR STEP-TOUCHES WITH ¼ TURN

17-18 Step on right; angling body slightly left, touch left heel forward
19-20 Step on left; angling body slightly right, touch right heel forward
21-22 Step on right; angling body slightly left, touch left heel forward
23-24 Turning ¼ right, step on left; touch right heel forward.

"DOWN AND DIRTY" RIGHT AND LEFT

25 Step right foot to right side
26-27 Wiggle hips for 2 beats
28 Step left beside right
29 Step left foot to left side
30-31 Wiggle hips for 2 beats
32 Touch right beside left

PIVOT TURNS, "DOWN AND DIRTY" BACK

33-34 Step right forward; pivot ½ turn left shifting weight to left foot
35-36 Step right forward; pivot ½ turn left shifting weight to left foot
37 Step right foot back
38-39 Wiggle hips for 2 beats
40 Step left beside right.

REPEAT
