

Traces Of Time

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver waltz
编舞者: Janet Jolliffe (USA)
音乐: A Bad Way of Saying Goodbye - Trace Adkins



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|-----|--|
| 1-3 | Cross rock right over left, recover back on left, step right to right side |
| 4-6 | Cross rock left over right, recover back on right, step left to left with $\frac{1}{4}$ to the left |
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| 1-3 | Basic waltz forward right, left, right |
| 4-6 | Basic waltz backward left- right, left |
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| 1-3 | Step forward on right, point left toes to left side, hold 1 count |
| 4-6 | Step left behind right, rock right to right side, recover back on left |
| | |
| 1-3 | Step right behind left, point left toes to left side, hold 1 count |
| 4-6 | Cross left over right, rock right to right side, recover back on left |
| | |
| 1-3 | Cross rock right over left, recover back on left, step right to right with $\frac{1}{4}$ to the right |
| 4-6 | Rock forward on left, recover back on right starting $\frac{1}{2}$ to the left, finish turn stepping forward on left |
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| 1-3 | Basic waltz forward right, left, right |
| 4-6 | Left coast step left, right, forward on left |
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| 1-3 | Step forward on right, pivot $\frac{1}{2}$ turn to the left, step forward on right |
| 4-6 | Rock forward on left, recover back on right, step left to left with $\frac{1}{4}$ to the left |
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| 1-3 | Basic waltz forward right, left, right |
| 4-6 | Basic waltz backward left, right, left |

REPEAT
