

Tough!

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Louise Taylor & Sharon Walton (UK)
音乐: When the Going Gets Tough - Boyzone



FOUR WAY SHUFFLES

1&2 Step right diagonally forward, step left beside right, step right diagonally forward
3&4 Step left diagonally forward, step right beside left, step left diagonally forward
5&6 Step right diagonally back, step left beside right, step right diagonally back
7&8 Step left diagonally back, step right beside left, step left diagonally back

While shuffling, use full use of arms & shoulders. Lean in opposite direction to shuffle when traveling backwards.

CROSS, UNWIND, KICK STEP, KICK STEP, COASTER STEP

9-10 Cross right over left, unwind ½ turn left
11-12 Kick right foot across left, step right in place
13-14 Kick left foot across right, step left in place
15&16 Step back right, step back left, step forward right

STEP, PIVOT ½ TURN RIGHT, KICK OUT, STEP CROSS, KICK OUT, STEP CROSS, SHUFFLE ¼ TURN LEFT

17-18 Step left foot forward, pivot ½ turn right
19-20 Kick left out to left side, cross step left over right
21-22 Kick right out to right side, cross step right over left
23&24 Step left ¼ turn left, step right beside left, step left foot forward

STEP, PIVOT ½ TURN LEFT, STEP RIGHT, POINT LEFT BEHIND, STEP, ROCK RECOVER, KICK!

25-26 Step forward right, pivot ½ turn left
27-28 Step right to right side, point left behind right
Clasp hands by left shoulder on count 27, Bring hands down on count 28 & click fingers
29-30 Step left to left side, rock back on right, (optional kick with left)
31-32 Rock forward on to left kick right diagonally forward

REPEAT