

# Tough Enough

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Diana Pushkina (FIN)  
音乐: She's Tough - Chris LeDoux



## SIDE CHA-CHAS & ROCK STEPS BEHIND

- 1&2      Left step to left, right cross behind left, left step to left
- 3      Right rock step behind left
- 4      Left rock step across right
- 5&6      Right step to right, left cross behind right, right step to right
- 7      Left rock step behind right
- 8      Right rock step across left

## ¼ TURNS, CHA-CHA & TOUCH BALL CHANGE WITH STEP ACROSS

- 1      Left step to left with ¼ turn to left
- 2      Drag right behind left
- 3-4      Left-right-left cha-cha forward with ¼ turn to left
- 5      Touch right heel to right
- &      Right step slightly behind left
- 6      Left step across right
- 7      Right rock step to right
- 8      Left rock step back in place

## STRUTS TOE-HEEL & SIDE ROCK STEPS

- 1-2      Step right toe across left, drop right heel
- 3-4      Left side rock step, right rock step back in place
- 5-6      Step left toe across right, drop left heel
- 7-8      Right side rock step, left touch together (weight on right)

## SYNCOPATED STEPS, ROCK STEPS, KICKS & CHA-CHA IN PLACE

- &      Jump/ step left in place
- 1-2      Right rock step across left, left rock step back
- &      Jump/ step right in place
- 3-4      Left rock step across right, right rock step back
- &      Step left in place
- 5-6      Right kick across left, right sidekick to right
- 7-8      Cha-cha in place right-left-right

## REPEAT

## TAG

After wall 2

## DIG TWIST STEPS (AFTER DANCING THE ABOVE STEPS TWICE)

- 1      Twist left heel to left with rolling hips, twist right toe while lifting right knee & heel
- 2      Drop right heel down
- 3      Twist right heel to left with rolling hips, twist left toe while lifting left knee & heel
- 4      Drop left heel down

Repeat the last 1-4 steps (on the last 4 weight on right)