

# Touching & Relaxing

**COPPER KNOB**  
BY STEPHENETS

拍数: 48      墙数: 2      级数: Improver  
编舞者: Derrick Walker (USA)  
音乐: Lullaby - The Chicks



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## STEP, HOLD, STEP, HOLD, STEP, STEP, ½ TURN STEP, HOLD

1-4            Step forward on right, hold, step forward on left, hold  
5-8            Step forward on right, step forward on left, pivot ½ turn left stepping backward on right, hold

## STEP, HOLD, STEP, HOLD, STEP, STEP, ½ TURN STEP, HOLD

1-4            Step back on left, hold, step back on right, hold  
5-8            Step back on left, step back on right, pivot ½ turn left stepping forward on left, hold

## SIDE STEP, CROSS, SIDE SHUFFLE, ¼ TURN STEP, ¼ TURN STEP, ½ TURN STEP, STEP IN PLACE

1-4            Step right to right side, cross left over right, shuffle right-left-right to right side  
5-8            Step forward on left making ¼ turn right, step right foot to right making ¼ turn right, step left next to right making ½ turn right, step right in place

## SIDE STEP, CROSS, SIDE SHUFFLE, ¼ TURN STEP, ¼ TURN STEP, ½ TURN STEP, STEP IN PLACE

1-4            Step left to left side, cross right over left, shuffle left-right-left to left side  
5-8            Step forward on right making ¼ left, step left foot to left making ¼ turn left, step right next to left making ½ turn left, step left in place

## ½ TURN SHUFFLE, FORWARD SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE

1-4            Shuffle right-left-right making ½ turn right, shuffle forward left-right-left  
5-8            Shuffle right-left-right making ½ turn left, shuffle left-right-left making ½ turn left

## JAZZ BOX W-¼ TURN, HOLD, JAZZ BOX W-¼ TURN, HOLD

1-4            Cross right foot over left, step left foot back, step right foot to right side making ¼ turn right, hold  
5-8            Cross left foot over right, step right foot back, step left foot forward making ¼ turn left, hold

**REPEAT**

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