

# Tossin' N Turnin' (P)

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 0      级数: Partner  
编舞者: Dan Albro (USA)  
音乐: I'm Gonna Getcha Good! - Shania Twain



Position: Both Facing Forward - Man leads with left, Lady with right; Holding hands; Opposite footwork

## STEP BRUSH, FORWARD SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE

### Man's steps

1-2-3&4      Step forward left, brush right, shuffle right-left-right  
5&6      Shuffle left-right-left making a ½ turn right (facing RLOD)  
7&8      Shuffle right-left-right making a ½ turn right (facing LOD)

### Lady's steps

1-2-3&4      Step forward right brush left shuffle left-right-left  
5&6      Shuffle right-left-right making a ½ turn left  
7&8      Shuffle left-right-left making a ½ turn left

## ½ TURN SHUFFLE, COASTER, 2 SHUFFLES WITH LADIES TOSS ACROSS

### Man's steps

1&2      Shuffle left-right-left making a ½ turn right (facing RLOD)

### Left arm going around back of ladies waist

3&4      Coaster - right foot back, left foot back to right, right foot forward  
5&6      Shuffle in place left-right-left (toss the lady across from left side to right side)  
7&8      Shuffle in place right-left-right (catch the lady with right arm)

### Lady's steps

1&2      Shuffle right-left-right making a ½ turn left (right arm going over mans shoulder)  
3&4      Coaster- left foot back, right step next to left, left foot forward  
5&6      Shuffle right-left-right going across & in front of man (starting a ½ turn to right)  
7&8      Shuffle left-right-left ending on mans right side (completing a ½ turn to right)

## 2 SHUFFLES TURNING TO FACE LOD, STEP SIDE, TOUCH, ¼ TURN, ¼ TURN

### Man's steps

1&2      Shuffle left-right-left starting a ½ turn to right  
3&4      Shuffle right-left-right completing a ½ turn to right  
5-6-7-8      Step left to side, touch right next to left, step right with a ¼ turn right, step left with a ¼ turn right

### Lady's steps

1&2      Shuffle right-left-right starting a ½ turn to right  
3&4      Shuffle left-right-left completing a ½ turn to right  
5-6-7-8      Step right to side, touch left, step left with a ¼ turn left, step right with a ¼ turn left

## 2 HIPS IN, 2 HIPS OUT, STEP ¼ TURN, STEP ¼ TURN

### Man's steps

1-2-3-4      Bump hips left 2x, bump hips right 2x  
5-6-7-8      Step left forward, ¼ right, step left forward, ¼ right

### Lady's steps

1-2-3-4      Bump hips right 2x, bump hips left 2x  
5-6-7-8      Step right forward, ¼ left, step right forward, ¼ left

REPEAT