Tossed Feathers

拍数: 64

级数: Intermediate

编舞者: Linda Dube (CAN)

音乐: Toss the Feathers - The Corrs

Start the dance after 64 beats of music (Drumbeats start after 64 beats to make the music louder)

TOE FORWARD, TOE BACK, SIDE POINTS

1-2	Touch right toe forward, touch right toe back
3&4	Touch right toe to right side, step right foot home, touch left toe to left side
5-6	Touch left toe forward, touch left toe back
7&8	Touch left toe to left side, step left foot home, touch right toe to right side
9-10	Touch right toe forward, touch right toe back
11&12	Touch right toe to right side, step right foot home, touch left toe to left side.

ROCK, ¼ TURN, SHUFFLE

- 13-14 Rock forward on left foot, rock back on right foot
- I5&16 Shuffle left, right, left in place while making a ¼ turn left

TOE SWEEPS-SIDE SHUFFLE, TOE SWEEPS-1/4 TURN SIDE SHUFFLE, TOE SWEEPS, SIDE SHUFFLES

- 17-18Right toe touches right diagonal forward and sweeps right to left, then from left to right19&20Shuffle side right (right, left, right)
- 21-22 Left toe touches left diagonal forward and sweeps left to right then from right to left
- 23&24 Shuffle side left (left, right, left) ¼ turning left on last step of shuffle
- 25-26 Right to touches right diagonal forward and sweeps right to left then from left to right 27&28 Shuffle side right (left, right, left)
- 29-30 Left toe touches left diagonal forward and sweeps left to right then from right to left
- 31&32 Shuffle side left (left, right, left)

ROCK, ½ TURN, SHUFFLE-ROCK, ½ TURN AND SHUFFLE

- 33-34 Rock forward on right foot, rock back on left foot
- 35&36 ¹/₂ turn to the right with a shuffle right, left, right
- 37-38 Rock forward on left foot, rock back on right foot
- 39&40 ¹/₂ turn to the left with a shuffle left, right, left

PENDULUM SWINGS, GRADUATED SIDE KICKS

- 41& Point right toe to right side, quickly step right foot home
- 42& Point left toe to left side, quickly step left foot home
- 43-44 Kick right foot to the right side twice (second kick higher than the first)
- &45 Quickly step right foot home, point left toe to the left side
- &46 Quickly step left foot home, point right toe to the right side
- &47-48 Quickly step right foot home, kick left foot to side twice (second kick higher than the first)

SIDE TO SIDE SAILOR SHUFFLES

- 44&50 Cross left behind right, step side right, step side left, (leaning left through steps)
- 51&52 Cross right behind left, step side left, step side right, (leaning right through steps)
- 53&54 Cross left behind right, step side right, step side left, (leaning left through steps)
- 55&56 Cross right behind left, step side left, step side right, (leaning right through steps)

SIDE SHUFFLES, ½ TURN, SIDE SHUFFLES, STOMP, STOMP

57&58 Shuffle side left (left, right, left)





墙数:1

&	Pivot ½ turn left on the ball of left foot
59&60	Shuffle side right (right, left, right)
61&62	Shuffle side left (left, right, left)
63-64	Stomp right, stomp left beside right (weight on left)

REPEAT

The dance sequence is repeated 4 times. To accommodate the slightly slower tempo change at the very end of this music piece and give it a more polished finish, the following change should be made: 63&64&65 Chasse steps-step side right, left together, side right, left together, side right