

Top Of The Hill

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Irene Groundwater (CAN)
音乐: Top of the Hill - Coco Montoya



This dance was choreographed especially for Jenifer Wolf's Vancouver Vibration event on May 20, 2005. Special Thanks to Debbie Diachuk who added her support and dance expertise in the demo at the Vancouver Vibrations event

FORWARD, BRUSH, FORWARD, LOCK, FORWARD, FORWARD, BRUSH, BEHIND, ¼ TURN RIGHT, STOMP

- 1-2 Right forward, brush left ball forward past right instep
- 3 Left forward,
- &4 Lock right behind left (right knee touches upper calf of left leg), left forward
- 5-6 Right forward, brush left forward past right instep (sweeping left ball in an arc to left)
- 7& Cross left behind right, pivot ¼ turn right on left ball as right steps to right side
- 8 Stomp left in place

Option:

- 3&4 Left diagonal forward shuffle

BEHIND, ¼ TURN LEFT, STOMP, TOUCH, ½ TURN LEFT, HEEL, TOGETHER, TOUCH, TOGETHER, TOUCH, TOUCH

- 1& Cross right behind left, pivot ¼ turn left on right ball as left steps to left side
- 2 Stomp right beside left
- 3 Touch left ball to the left in 2nd position
- 4 Pivot ½ turn left on right ball as left steps beside right
- 5&6& Right heel forward, right in place, touch left ball to left side, left in place
- 7-8 Touch right ball to right side, touch right ball beside left instep

Option:

- 6 Look to the left
- 7 Look to the right

HIP BUMPS

- 1 Side step right bending knees on step
- 2 Bump right hip out to right as you put weight on your right foot and straighten right knee
- 3 Bend both knees again transferring weight onto left foot
- 4 Bump left hip out to left as you put weight on your left foot and straighten left knee
- 5 Side step right bending knees on step
- 6 Bump right hip out to right as you put weight on your right foot and straighten right knee
- 7 Bend both knees again transferring weight onto left foot
- 8 Bump left hip out to left as you put weight on your left foot and straighten left knee

Option: on counts 2 and 6, snap fingers to the right. On counts 4 and 8, snap fingers to the left

3 BOOGIE WALKS, HOLD, 3 BOOGIE WALKS, HOLD

- 1-2 Right forward (with attitude), left forward (with attitude)
- 3-4 Right forward (with more attitude), hold
- 5-6 Left forward (with attitude), right forward (with attitude)
- 7-8 Left forward (with more attitude), hold

When using boogie walks, arms move opposite direction to the feet with arms outstretched, elbows bent, palm facing front and with attitude. On counts 1, 3, and 6, cross right over left. On counts 2, 5, and 7, cross left over right

KICK-BALL-TOUCH, TOUCH, TOGETHER, KICK-BALL-TOUCH, TOUCH, TOGETHER

- 1&2 Kick right forward, replace weight on right ball, touch left ball beside right instep
3 Touch left ball pointing to the left as you twist left knee to the left and look left
4 Step left beside right as you straighten left knee forward and look forward
5&6 Kick right forward, replace weight on right ball, touch left beside right instep
7 Touch left ball pointing to the left as you twist left knee to the left and look left
8 Step left beside right as you straighten left knee forward and look forward

On counts 3 and 7, swing arms left. On counts 4 and 8, swing arms right

TWO- RIGHT ½ TURN SHUFFLES, COASTER, CROSS, UNWIND ¼ TURN RIGHT

- 1&2 Triple shuffle back making ½ turn right on steps right, left, right
3&4 Triple shuffle making ½ turn right on steps left, right, left, (this completes 1 full turn right going back)
5&6 Right back, step left beside right, right forward
7-8 Cross left over right, unwind ¼ turn right (weight ends on left)

Option:

- 7 Step forward on left
8 Pivot ¼ turn right on left ball, weight remains on left

Advanced Option:

- 8 Pivot 1 ¼ turn right (weight ends on left)

REPEAT
