

Tonight & Tomorrow

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Will You Still Love Me Tomorrow - Paris



As this track lasts for almost 6 minutes, it can be faded at any required moment

STEPS, ELVIS KNEE, HOLD & CLAP, STEPS, ELVIS KNEE, HOLD & CLAP

&1-2 Step left back, step right to right, with right heel raised twist right knee towards left leg
3-4 With right heel raised twist right knee to center, hold and clap

Optional: throughout steps 1-3 hold arms at chest height and in direction of front diagonals, right arm to right diagonal and left arm to left diagonal. Arms should be slightly bent at elbows and relaxed. During counts 2-3 let head follow direction of knee: count 2 twist head to left, count 3 twist head to front.

&5-6 Step left beside right, step right to right, with left heel raised twist left knee towards right leg
7-8 With left heel raised twist left knee to center, hold and clap

The same optional movements may be used for counts 5-7 but this time head will twist to right on count 6 and return to center on count 7.

TOE TAP AND DIAGONAL LUNGE: TWICE, SYNCOPATED VINES

9-10 Tap left toes diagonally forward left, lunge left diagonally forward left
11-12 Tap right toes diagonally forward right, lunge right diagonally forward right
13&14 Step left to left, step right behind left, step left to left
15&16 Step right to right, step left behind right, step right to right

DIAGONAL STEP, HIPS BUMPS, ¼ TURN, PUSH-¼ TURN, PUSH-¼ TURN, STOMP

17-18 Step left diagonally forward left and bump hips left, bump hips right
Optional arm movements: keeping elbows close to either side of body swing both forearms to left then right, mirroring the movement of the hips.
19-20 Bump hips left twice
Optional arm movements: keeping elbows close to either side of body swing both forearms to left twice, mirroring the movement of the hips.
21-22 Small step back on right making ¼ turn right, touch left toes forward and push with left toes while making ¼ turn right on ball of right foot (now facing back wall)
23-24 Touch left toes forward and push with left toes while making ¼ turn right on ball of right foot, stomp left forward

¼ TURN-LONG STEP RIGHT, DRAG, STOMP, HEEL SWITCHES WITH ½ TURN

25 Make a ¼ turn right (now facing front wall) and step right long step to right
26-27 Drag left to right over 2 counts
28 Stomp left beside right
29&30& Touch right heel forward, step right beside left, make ¼ turn to right and touch left heel forward, step left beside right
31&32 Make ¼ turn to right and touch right heel forward (now facing back wall), step right together, touch left heel forward

REPEAT

TAG

HEEL SWITCHES

Dance tag immediately after the following walls:

Wall 6 - dance tag once (as Paris sings 'Ohhh!')

Wall 9 - dance tag twice (easily recognized by distinctive sound effects)

Wall 15 - dance tag once (as Paris sings 'Ohhh!')

Wall 18 - dance tag twice (easily recognized by distinctive sound effects)

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

3&4 Touch right heel forward, step right beside left, touch left heel forward
