拍数： 32
壇数： 4
级数：Intermediate
编舞者：Michel Cabana（CAN）\＆Myriam Charlton（CAN）
音乐：If Tomorrow Never Comes－Ronan Keating

WALK FORWARD，MODIFIED MAMBO FORWARD，WALK BACK，COASTER STEP，MILITARY TURN<br>1－2\＆3 Step forward on the right，rock forward on the left，recover weight on the right，step back on the left<br>4－5\＆6 Step back on the right，step back on the left，bring right beside left，step forward on the left 7－8 Step forward on the right，pivot $1 / 4$ turn left shifting weight on the left

$1 ⁄ 4$ TURN，WALK，WALK，TWINKLE $1 ⁄ 2$ TURN，STEP KICK，STEP BACK ½ TURN，STEP FORWARD， TOUCH SIDE

CROSS \＆STEP，SKATE，SKATE，STEP FORWARD，STEP ½ TURN，STEP FORWARD，PROGRESSIVE FULL TURN
1\＆2 Cross and step right over left，recover weight on the left，step right to right on an angle
3－4
5－6 Step forward on left，pivot $1 / 2$ turn the right weight ending on the right
7－8 Pivot half turn to the right as you step back on the left，pivot $1 / 2$ turn right as you step forward on the right（optional：walk forward left and right）
Optional arm movements for the ladies：full circle：（cross－up－down）
6－7－8
Bring arms up to chest level crossing right arm over left，palms facing inwards on count 6 ；lift arms up，uncrossing and turning palms outwards on 7，draw a large circle as you bring arms slowly down on 8

## ROCK \＆CROSS ROCK，BEHIND \＆OVER，ROCK SIDE，RECOVER WITH ¼ TURN RIGHT，STEP FORWARD，FULL TURN

1\＆2 Rock left to left side，recover weight on the right，cross left over right putting your full weight on it
$3 \& 4$ Recover weight on the right，step left to the left side，cross right over left
5－7 Step left to left side as you sway your hips to the left，recover weight on the right as you pivot $1 / 4$ turn right，step forward on the left
8\＆Pivot $1 / 2$ turn left as you step back on the right，pivot another $1 / 2$ turn left as you step forward on the left（optional：step forward on the left，bring right beside left）

REPEAT

