

Together We Are One

COPPER KNOB
BY STEPHEN

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Geri Morrison (UK)
音乐: Together We Are One - Delta Goodrem



Sequence: AAB AAB A(1-24), A to the end of dance
Big thanks to Rick for putting me on to this lovely piece of music

PART A

CROSS RECOVER & TRIPLE TURN LEFT, CROSS RIGHT, MONTEREY TURN, POINT HITCH POINT

1-2 Cross left over right, recover weight on right
& Step left ¼ turn left
3&4 Triple ¾ turn left stepping right, left, right, (12:00)
5 Cross left over right
6&7 Point right to right, make ½ turn right stepping right next to left, point left to left
& Bring left beside right
8&1 Point right to right side, hitch right next to left, step right to right side

CROSS ROCK & RECOVER, CROSS ROCK & RECOVER & ROCK BACK RECOVER, PIVOT ½ TURN RIGHT, LEFT LOCK STEP

2&3 Cross left over right, recover weight on right, step left to left side
4&5 Cross right over left, recover weight on left, step right to right side
6& Rock back on left, recover weight on right
7& Step forward on left, make ½ turn right stepping forward on right
8&1 (Left lock step) step left forward, lock right behind left, step forward on left, (12:00)

Alternative: on 8&1 full triple turn right traveling forward left, right, left

SYNCOPATED JAZZ BOXES TRAVELING BACK, SWAY RIGHT, LEFT, ¼ TURN COASTER STEP

2&3 Cross right over left, step back on left, step right to right slightly back
& Cross left over right
4& Step back on right, step left next to right
5 Step right to right side swaying right
6 Sway left making a ¼ turn right
7&8 Right coaster step

½ TURN BACK TOGETHER, BACK KICK, BACK KICK, BEHIND SIDE IN FRONT, SWEEP CROSS SIDE BEHIND SWEEP BEHIND SIDE

1&2 Make ½ turn right, stepping back left, right, left, and as you take weight on left make a small kick forward on right
3 Step back on right make a small kick forward on left at the same time
4&5 Cross left behind right, step right to right, step left in front of right
6&7 Sweep right from back to front, (weight on right) step left to left, step right behind left
8& Sweep left from front to back, (weight on left) step right to right

PART B

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP LEFT, SWEEP, STEP RIGHT, PIVOT ½ TURN RIGHT

1&2 Left cross shuffle left, right, left, (traveling slightly forward diagonally)
& Sweep right from back to front
3&4 Cross shuffle right, left, right, (traveling slightly forward diagonally)
& Sweep left from back to front
5 Step forward on left

& Sweep right from back to front
6 Step forward on right
7&8 Step forward on left, pivot ½ turn right taking weight on right, step forward on left

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP RIGHT, SWEEP, STEP LEFT, PIVOT ½ TURN LEFT

1&2 Right cross shuffle (right, left, right) (traveling slightly forward diagonally)
& Sweep left from back to front
3&4 Left cross shuffle (left, right, left) (traveling slightly forward diagonally)
& Sweep right from back to front
5 Step forward on right
& Sweep left from back to front
6 Step forward on left
7&8 Step forward on right, pivot ½ turn left taking weight on left, step forward on right

PADDLE FULL TURN, SWAY FORWARD, SWAY BACK, SAILOR STEP

1& Make a ¼ turn left stepping on left, step right next to left
2& Make ¼ turn left stepping on left, step right next to left
3& Make a ¼ turn left stepping on left, step right next to left
4 Make a ¼ turn left stepping forward on left
5-6 Sway forward as you step diagonally right, recover weight on left swaying left
7&8 (Right sailor step) sweep right behind left, step left to left, step right in place
