

Together We Are One

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Geri Morrison (UK)
音乐: Together We Are One - Delta Goodrem



Sequence: AAB AAB A(1-24), A to the end of dance
Big thanks to Rick for putting me on to this lovely piece of music

PART A

CROSS RECOVER & TRIPLE TURN LEFT, CROSS RIGHT, MONTEREY TURN, POINT HITCH POINT

- 1-2 Cross left over right, recover weight on right
- & Step left ¼ turn left
- 3&4 Triple ¾ turn left stepping right, left, right, (12:00)
- 5 Cross left over right
- 6&7 Point right to right, make ½ turn right stepping right next to left, point left to left
- & Bring left beside right
- 8&1 Point right to right side, hitch right next to left, step right to right side

CROSS ROCK & RECOVER, CROSS ROCK & RECOVER & ROCK BACK RECOVER, PIVOT ½ TURN RIGHT, LEFT LOCK STEP

- 2&3 Cross left over right, recover weight on right, step left to left side
- 4&5 Cross right over left, recover weight on left, step right to right side
- 6& Rock back on left, recover weight on right
- 7& Step forward on left, make ½ turn right stepping forward on right
- 8&1 (Left lock step) step left forward, lock right behind left, step forward on left, (12:00)

Alternative: on 8&1 full triple turn right traveling forward left, right, left

SYNCOPATED JAZZ BOXES TRAVELING BACK, SWAY RIGHT, LEFT, ¼ TURN COASTER STEP

- 2&3 Cross right over left, step back on left, step right to right slightly back
- & Cross left over right
- 4& Step back on right, step left next to right
- 5 Step right to right side swaying right
- 6 Sway left making a ¼ turn right
- 7&8 Right coaster step

½ TURN BACK TOGETHER, BACK KICK, BACK KICK, BEHIND SIDE IN FRONT, SWEEP CROSS SIDE BEHIND SWEEP BEHIND SIDE

- 1&2 Make ½ turn right, stepping back left, right, left, and as you take weight on left make a small kick forward on right
- 3 Step back on right make a small kick forward on left at the same time
- 4&5 Cross left behind right, step right to right, step left in front of right
- 6&7 Sweep right from back to front, (weight on right) step left to left, step right behind left
- 8& Sweep left from front to back, (weight on left) step right to right

PART B

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP LEFT, SWEEP, STEP RIGHT, PIVOT ½ TURN RIGHT

- 1&2 Left cross shuffle left, right, left, (traveling slightly forward diagonally)
- & Sweep right from back to front
- 3&4 Cross shuffle right, left, right, (traveling slightly forward diagonally)
- & Sweep left from back to front
- 5 Step forward on left

| | |
|-----|---|
| & | Sweep right from back to front |
| 6 | Step forward on right |
| 7&8 | Step forward on left, pivot ½ turn right taking weight on right, step forward on left |

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP RIGHT, SWEEP, STEP LEFT, PIVOT ½ TURN LEFT

| | |
|-----|---|
| 1&2 | Right cross shuffle (right, left, right) (traveling slightly forward diagonally) |
| & | Sweep left from back to front |
| 3&4 | Left cross shuffle (left, right, left) (traveling slightly forward diagonally) |
| & | Sweep right from back to front |
| 5 | Step forward on right |
| & | Sweep left from back to front |
| 6 | Step forward on left |
| 7&8 | Step forward on right, pivot ½ turn left taking weight on left, step forward on right |

PADDLE FULL TURN, SWAY FORWARD, SWAY BACK, SAILOR STEP

| | |
|-----|---|
| 1& | Make a ¼ turn left stepping on left, step right next to left |
| 2& | Make ¼ turn left stepping on left, step right next to left |
| 3& | Make a ¼ turn left stepping on left, step right next to left |
| 4 | Make a ¼ turn left stepping forward on left |
| 5-6 | Sway forward as you step diagonally right, recover weight on left swaying left |
| 7&8 | (Right sailor step) sweep right behind left, step left to left, step right in place |
