

# Toe Heel Rhythm

COPPERKNOB  
BY STEPHEN METZ

拍数: 60      墙数: 0      级数:  
编舞者: Bev Costantino (AUS)  
音乐: It's Chitlin Time - The Kentucky Headhunters



- 1-8            Left heel 45 degrees forward, left together, right toe touch behind, right together  
9-16           Repeat  
17-24        Right heel 45 degrees forward, right together, left toe touch behind, left together  
25-32        Repeat. At the same time move left foot to right in swivel motion-heel, toe, heel, toe etc, in  
                 time with right foot  
33-40        Left toe touch to left side, left toe touch beside right foot, left toe touch to left side, left toe  
                 touch beside right foot, left vine with a right stomp  
41-44        Swiggle left, drop down on left toe, right back, left together (turning  $\frac{1}{4}$  turn left)  
45-48        Step left forward, hitch right turn  $\frac{1}{4}$  turn left step right forward, hitch left turn  $\frac{1}{4}$  turn left  
49-52        Step left forward, kick right forward, right back, left toe behind  
53-56        Step left across in front of right, right touch to side, step right behind left, left toe touch to side  
57-60        Stomp left twice, stomp right twice

**REPEAT**