

# Toe Heel Rhythm

COPPERKNOB  
BY STEPHEN METZ

拍数: 60      墙数: 0      级数:  
编舞者: Bev Costantino (AUS)  
音乐: It's Chitlin Time - The Kentucky Headhunters



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- 1-8            Left heel 45 degrees forward, left together, right toe touch behind, right together  
9-16            Repeat  
17-24          Right heel 45 degrees forward, right together, left toe touch behind, left together  
25-32          Repeat. At the same time move left foot to right in swivel motion-heel, toe, heel, toe etc, in  
                  time with right foot  
33-40          Left toe touch to left side, left toe touch beside right foot, left toe touch to left side, left toe  
                  touch beside right foot, left vine with a right stomp  
41-44          Swiggle left, drop down on left toe, right back, left together (turning ¼ turn left)  
45-48          Step left forward, hitch right turn ¼ turn left step right forward, hitch left turn ¼ turn left  
49-52          Step left forward, kick right forward, right back, left toe behind  
53-56          Step left across in front of right, right touch to side, step right behind left, left toe touch to side  
57-60          Stomp left twice, stomp right twice

**REPEAT**

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