

The Tobermory Swing

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gail Tako (CAN)
音乐: The Swing - James Bonamy



The dance starts when the artist begins his lyrics (on 25th count). Finish the dance by repeating Counts 25-32 at the end of the song.

PENDULUM SWINGS

1& Point right toe to the right side, step right foot home beside left
2& Point left toe to the left side, step left foot home beside right
3& Point right toe to the right side, step right foot home beside left
4 Point left toe to the left side

CROSS OVER, UNWIND, SHUFFLE

5-6 Cross left foot over right, unwind $\frac{1}{2}$ to the right (weight on left)
7&8 Shuffle forward right-left-right

ROCK STEP, SCISSOR SPLIT, ROCK STEP

9& Rock forward left, rock back home on right
10 Step back on left while touching right heel forward
&11 Step back home on right, rock forward left
&12 Step back home on right, step left foot home beside right

HEEL AND BODY TWISTS

13-14 With weight on balls of both feet, twist heels right (body left), twist heels left (body right)
15&16 Twist heels right (body left), twist heels left (body right), twist $\frac{1}{4}$ turn left with body (heels will twist right again) ending with weight on left foot

ROCKING BODY SWAYS

17-18 Rock right foot to right side while swaying body to right side, rock left and sway body to left side
19-20 Rock right and sway body to right side, rock left and sway body to left side

ROCK STEP, COASTER STEP

21-22 Rock forward right, rock back home on left
23&24 Step back right, step left together with right, step forward with right

HERRINGBONE VINES

25& Step left foot to left side, cross right behind left
26& Step left foot to left side, cross right behind left
27-28 Step left foot to left side, touch right heel forward
29& Step right foot to right side, cross left behind right
30& Step right foot to right side, cross left behind right
31-32 Step right foot to right side, touch left heel forward
& Step left home beside right

REPEAT
