

To The Top

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音乐: To the Top - Peter Andre



LEFT COASTER, STEP-PIVOT ½ LEFT, RIGHT KICK-BALL, LEFT CROSS-SHUFFLE

1&2 Left coaster-step
3-4 Step-pivot turn ½ left (6:00)
5& Right kick-ball
6&7 Left cross-shuffle (body angled slightly right)

RIGHT ROCK-RECOVER-STEP, TOUCH, CROSS, ¼ LEFT TOUCH BACK, RIGHT LOCK, STEP ½ RIGHT, STEP ¼ RIGHT

8&1 Right rock into corner, recover, right step back (body still angled slightly right)
2-4 Left toe touch back, left step across right (body still angled slightly right), pivot ¼ left (3:00) touching right toe back
5&6 Right lock step forward
7-8 (Traveling towards 3:00) left step back ½ turn right (9:00), ¼ turn right (12:00) step right side right

LEFT ROCK-RECOVER-SIDE, TOUCH OVER, TOUCH SIDE, BEHIND-SIDE-CROSS, LEFT ROCK-RECOVER

1&2 Left rock across right, recover, step left side left
3-4 Right toe touch across left, touch right toe side right
5&6 Right step behind left, step left side left, step right across left (body angled slightly left)
7-8 Left rock into corner (body still angled slightly left), recover to right

LEFT BACK, ¼ RIGHT WALK RIGHT-LEFT, STEP ½ LEFT, KICK LEFT, LEFT COASTER, WALK RIGHT-LEFT

1&2 Left step back, ¼ turn right (3:00) step forward right, step forward left
3-4 Right step back ½ turn left (9:00), kick left forward
5&6-7-8 Left coaster-step, walk forward right, walk forward left (towards 9:00)

¼ LEFT TOUCH RIGHT, ½ LEFT TOUCH RIGHT, RIGHT ROCK-RECOVER-SIDE, CROSS, ¼ LEFT BACK, BUMP-BUMP-HITCH

1&2 ¼ Pivot left (6:00) touch right toe side right, ½ pivot left (12:00) touch right toe side right
3&4 Right rock across left, recover, step right side right
5-6 Left step across right, ¼ turn left (9:00) step back right
7&8 Left step back bumping left hip back, bump right hip forward, recover to left and hitch right (as high as comfortable)

RIGHT LOCK, STEP ½ RIGHT, STEP ¼ RIGHT, LEFT ROCK-RECOVER, LEFT SIDE-CLOSE-SIDE

1&2 Right lock step forward
3-4 (Traveling towards 9:00) left step back ½ turn right (3:00), ¼ turn right (6:00) step right side right
5-6 Left rock across right, recover
7&8 Left chasse' (left side-shuffle)

RIGHT CROSS, LEFT BACK, BUMP-BUMP-BUMP, LEFT CROSS-UNWIND, RIGHT SWEEP-SAILOR ½ RIGHT CROSS

1-2-3&4 Right step across left, step left back, step right side right and bump hip, bump left, bump right (weight on right)

5-6 Left step across right (leave weight on left), un-wind $\frac{1}{2}$ turn right (12:00)
7&8 (Sweep right) $\frac{1}{4}$ turn right step back right (3:00), $\frac{1}{4}$ turn right (6:00) step left in place, step right across left

LEFT SIDE, TOUCH RIGHT, RIGHT KICK-BALL-POINT, STEP-HEEL, TOE-KICK, RIGHT LOCK STEP BACK

1-2-3&4 Left step side left, touch right toe beside left, kick right forward, step right in-place, touch left toe forward

&5&6 Left step in-place, touch right heel forward, touch right toe beside left, kick right forward

7&8 Right lock-step back

REPEAT
