

To The Rescue

COPPER **KNOB**
STEPSHEETS

拍数: 62 墙数: 4 级数: Intermediate
编舞者: Glennis Robb (UK)
音乐: Sun Is Shining - Bob Marley



SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP

1-2 Step to the right onto the right foot, bring left foot next to it
3&4 Side chasse to the right
5-6 Left over right rock step
7&8 ½ turn triple step to the left

SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP

9-16 Repeat as above section 1-8

HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE

17&18 Right heel dig in front, weight on left foot jump switch left heel, dig in front weight on right foot
19&20 Jump switch weight back onto the left foot, right heel dig in front, hold and clap
21&22 Kick right foot across in front of left, quick rock side right onto the right foot and then side left onto the left foot
23&24 Right behind left sailor shuffle

HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE

25&26 Left heel dig in front, weight on right foot, jump switch right heel dig in front weight on left foot
27&28 Jump switch weight back onto right foot, left heel dig in front, hold and clap
29&30 Kick left foot across in front of right, quick rock side left onto the left foot and then side right onto the right foot
31&32 Left behind right sailor shuffle

ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK

33-34 Rock forward onto the right foot, and back onto the left
35&36 ½ turn triple step over the right shoulder 37&38 forward left mambo rock
39&40 Back right mambo rock

ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK

41-42 Rock forward onto the left foot, and back onto the right
43&44 ½ turn triple step over the left shoulder
45&46 Forward right mambo rock
47&48 Back left mambo rock

SIDE CHASSE ¼ TURN, ½ PIVOT TURN, ½ TURN TRIPLE STEP, ½ TURN, STEP FORWARD

49&50 Side chasse to the right making a ¼ turn to the right
51-52 ½ pivot turn to the right
53&54 ½ turn triple step over the right shoulder
55&56 Keeping the weight on the left foot make ½ turn over the right shoulder stepping onto the right foot, then step forward onto the left foot

KICK BALL POINTS, SAILOR SHUFFLES

57&58 Kick right foot in front, ball change weight onto the right foot, touch left toe out to the left side
59&60 Kick left foot in front, ball change weight onto the left foot, touch right toe out to the right side
61&62 Right behind left sailor shuffle 63&64 left behind right sailor shuffle

REPEAT

