

# To The Rescue

拍数: 62                      墙数: 4                      级数: Intermediate  
编舞者: Glennis Robb (UK)  
音乐: Sun Is Shining - Bob Marley



## SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP

1-2                      Step to the right onto the right foot, bring left foot next to it  
3&4                      Side chasse to the right  
5-6                      Left over right rock step  
7&8                      ½ turn triple step to the left

## SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP

9-16                      Repeat as above section 1-8

## HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE

17&18                      Right heel dig in front, weight on left foot jump switch left heel, dig in front weight on right foot  
19&20                      Jump switch weight back onto the left foot, right heel dig in front, hold and clap  
21&22                      Kick right foot across in front of left, quick rock side right onto the right foot and then side left onto the left foot  
23&24                      Right behind left sailor shuffle

## HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE

25&26                      Left heel dig in front, weight on right foot, jump switch right heel dig in front weight on left foot  
27&28                      Jump switch weight back onto right foot, left heel dig in front, hold and clap  
29&30                      Kick left foot across in front of right, quick rock side left onto the left foot and then side right onto the right foot  
31&32                      Left behind right sailor shuffle

## ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK

33-34                      Rock forward onto the right foot, and back onto the left  
35&36                      ½ turn triple step over the right shoulder 37&38 forward left mambo rock  
39&40                      Back right mambo rock

## ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK

41-42                      Rock forward onto the left foot, and back onto the right  
43&44                      ½ turn triple step over the left shoulder  
45&46                      Forward right mambo rock  
47&48                      Back left mambo rock

## SIDE CHASSE ¼ TURN, ½ PIVOT TURN, ½ TURN TRIPLE STEP, ½ TURN, STEP FORWARD

49&50                      Side chasse to the right making a ¼ turn to the right  
51-52                      ½ pivot turn to the right  
53&54                      ½ turn triple step over the right shoulder  
55&56                      Keeping the weight on the left foot make ½ turn over the right shoulder stepping onto the right foot, then step forward onto the left foot

## KICK BALL POINTS, SAILOR SHUFFLES

57&58                      Kick right foot in front, ball change weight onto the right foot, touch left toe out to the left side  
59&60                      Kick left foot in front, ball change weight onto the left foot, touch right toe out to the right side  
61&62                      Right behind left sailor shuffle 63&64 left behind right sailor shuffle

REPEAT

