# To Be Your Man



拍数: 64 墙数: 4 级数: Intermediate

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音乐: To Be Your Man - Peer Gynt



# SHIMMY, SHIMMY (OR SLIDE)

1-4 Right forward shimmy shoulders and everything else drag left to right 5-8 Left forward shimmy shoulders drag right to left weight ends on left

Male optional: slide forward right, drag left, repeat for left

### **SCOOTS BACK**

1& Scoot left back, step on right2& Scoot right back, step on left

3&4& Repeat 1&2&

5& Step left back to left, right back to right shoulder width apart

6&7&8& Bounce heels

### VINE, DOUBLE ROCKING CHAIR

1-4 Step right to right, left behind right, right to right, left brush forward

5& Rock step left forward, recover to right
6& Rock step left back, recover to right
7& Rock step left forward, recover to right

8 Stomp- up left beside right

1-8 Repeat last count (17-24) to the left beginning with left

# HITCH TURN, BODY ROLL

1-2 Touch right to right, hitch knee, turning ¼ left (9:00)

3-6 Repeat 1-2 (6:00 then 3:00)

7-8 Body roll (keep back straight, bend knees, push center of body forward, then pull shoulders

back and up as stand straight)

### THREE SAILORS MOVING BACK, SAILOR 1/4 TURN

1&2 Right behind left, left to left, right to right
3&4 Left behind right, right to right, left to left
5&6 Right behind left, left to left, right to right

7&8 Left behind right turning 1/4 left, right to right, left to left (12:00)

### SHUFFLE, ½ TURN, SHUFFLE BACK, ROCK, SCOOT, BRUSH-UP

1&2 Right shuffle forward (right-left-right)

Turn ½ right on ball of right
Left shuffle back (left-right-left)
Rock step right back, recover to left

7 Brush right beside left

& Scoot left back, as hitch rightStep-up right(no weight) beside left

# STEPS FORWARD AND BACK PIVOTS 1/2, 1/4

1&	Small steps forward with right, left
2&	Small steps back with right left
3&	Small steps forward with right, left
4&	Small steps backward with right, left

- Forward right, pivot ½ left (12:00) Forward right, pivot ¼ left (9:00) 5-6
- 7-8

# **REPEAT**