

Titus

拍数: 80 墙数: 2 级数: Intermediate
编舞者: R.J. Walker (USA) & Coleta Walker (USA)
音乐: Word Up! - Cameo



TITUS WALK

1-2 Right step forward arching step inward left then out making a ½ circle, hold
3-4 Left step forward arching step inward right then out making a ½ circle, hold
5-6 Right step forward arching step inward left then out making a ½ circle, hold
7-8 Left step forward arching step inward right then out making a ½ circle, hold

TURN, HOLD, TURN, HOLD, COAST STEP, ROCK STEP, TOGETHER

1-2 Right ½ turn and hold
3-4 Right ¼ turn and hold
5&6 Right step back, left together, right step forward
7&8 Left step forward, change weight to right, left together

1-2 Right ½ turn and hold
3-4 Right ¼ turn and hold
5&6 Right step back, left together, right step forward
7&8 Left step forward, change weight to right, left together

MORRIS DAY (RIGHT, LEFT)

1-2-3 Rock right, rock left, rock right
&4 Left step, right cross left
5-6-7 Rock left, rock right, rock left
&8 Right step, left cross right

KICK BALL, CROSS, KICK BALL, CROSS, MORRIS DAY (RIGHT)

1&2 Right kick-ball, left cross right
3&4 Right kick-ball, left cross right
5-6 Rock right, rock left
7&8 Rock right, left step, right cross left

1&2 Right kick-ball, left cross right
3&4 Right kick-ball, left cross right
5-6 Rock right, rock left
7&8 Rock right, left step, right cross left

RIGHT SIDE, HOLD, LEFT TOGETHER, HOLD (WITH ATTITUDE)

1-4 Right side step, hold, left step together, hold
5-8 Right side step, hold, left step together, hold

1-4 Right side step, hold, left step together, hold
5-8 Right side step, hold, left step together, hold

ROCK STEP, TOGETHER, ROCK STEP, TOGETHER, AND TURN AND TURN AND TURN

1&2 Right step forward, change weight to left, right step together
3&4 Left step forward, change weight to right, left step together
5 Right toe to the side
&6 ¼ left turn, right toe to the side

- &7 ¼ left turn, right toe to the side
&8 ¼ left turn, weight on right (completing a ½ turn)

ROCK STEP, TOGETHER, ROCK STEP, TOGETHER, AND TURN AND TURN AND TURN

- 1&2 Left step forward, change weight to right, left together
3&4 Right step forward, change weight to left, right together
5 Left toe to the side
&6 ¼ right turn, left toe to the side
&7 ¼ right turn, left toe to the side
&8 ¼ right turn, weight on left (completing a ½ turn)

REPEAT
