

拍数: 60 墙数: 4 级数: Improver
编舞者: Gary Lafferty (UK)
音乐: It's Five O'Clock Somewhere - Alan Jackson & Jimmy Buffett



HEEL FORWARD, TOE BACK, RIGHT SHUFFLE, ROCK FORWARD, RECOVER, LEFT SHUFFLE BACK

1-2 Touch right heel straight forward, touch right foot straight back
3&4 Step forward on right foot, step on left foot beside right, step forward on right foot
5-6 Rock forward on left foot, recover weight back onto right foot
7&8 Step back on left foot, step on right foot beside left, step back on left foot

FULL TURN BACK, STEP BACK, HOOK, STEP, LOCK, STEP-LOCK-STEP

1-2 Turn $\frac{1}{2}$ right stepping forward onto right foot, turn $\frac{1}{2}$ right stepping back onto left foot
3-4 Step back on right foot, hook left foot across right ankle
5-6 Step forward on left, lock-step right foot behind left
7&8 Step forward on left foot, lock-step right foot behind left, step forward on left foot

RIGHT JAZZ BOX WITH $\frac{1}{4}$ TURN & TOUCH, FULL ROLLING TURN TO LEFT WITH TOUCH & CLAP

1-2 Cross-step right foot over left, step back on left foot
3-4 Turn $\frac{1}{4}$ right stepping to right on right foot, touch left foot beside right
5-6 Turn $\frac{1}{4}$ left, stepping forward on left foot, turn $\frac{1}{2}$ left, stepping back on right foot
7-8 Turn $\frac{1}{4}$ left, stepping to left on left foot, touch right foot beside left, and clap

RIGHT SIDE-SHUFFLE, ROCK BACK, LEFT SIDE-SHUFFLE, ROCK BACK

1&2 Step to right on right foot, step on left foot beside right, step to right on right foot
3-4 Rock back on left foot, recover weight onto right foot
5&6 Step to left on left foot, step on right foot beside left, step to left on left foot
7-8 Rock back on right foot, recover weight onto left foot

SIDE, BEHIND, & CROSS, POINT, CROSS, POINT, CROSS, POINT

1-2 Step to right on right foot, cross-step left foot behind right
&3-4 Step to right on right foot, cross-step left foot over right, point right foot out to right foot
5-6 Cross-step right foot over left, point left foot out to left side
7-8 Cross-step left foot over right, point right foot out to right side

ROCK FORWARD, RECOVER, $\frac{3}{4}$ TRIPLE TURN, ROCK FORWARD, RECOVER, LEFT COASTER STEP

1-2 Rock forward on right foot, recover weight back onto left foot
3&4 Triple $\frac{3}{4}$ turn over right shoulder, in place, stepping on right-left-right
5-6 Rock forward on left foot, recover weight back onto right foot
7&8 Step back on left foot, step on right foot beside left, step forward on left foot

ROCK FORWARD, RECOVER, $\frac{3}{4}$ TRIPLE TURN, ROCK FORWARD, RECOVER, LEFT COASTER STEP

1-2 Rock forward on right foot, recover weight back onto left foot
3&4 Triple $\frac{3}{4}$ turn over right shoulder, in place, stepping on right-left-right
5-6 Rock forward on left foot, recover weight back onto right foot
7&8 Step back on left foot, step on right foot beside left, step forward on left foot

JAZZ BOX WITH $\frac{1}{2}$ TURN

1-2 Cross-step right foot over left, step back on left foot
3-4 Turn $\frac{1}{2}$ right, stepping forward onto right foot, step slightly forward on left foot

REPEAT

TAG

At the end of the 5th wall you will just have done the ½-turning jazz box to face the right-side wall (3:00). There is ONE extra beat of music here, so all you need to do is clap your hands (as though it were count 5), and then start from the beginning of the dance ("heel, toe, shuffle etc.").
