

# Timeless Rock 'n' Roll

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Johnny S. (UK)  
音乐: Old Time Rock 'N' Roll - Status Quo



## HEEL-TOE STRUTS FORWARD

1-2            Step right toe forward, step right heel to floor  
3-4            Step left toe forward, step left heel to floor  
5-8            Repeat counts 1-4 above

Do these steps with attitude/fun. For styling the first 8 counts can be done with knee-pops as you travel forward. The more adventurous can also try one or two forward rolling grapevines!

## BOUNCE HEELS RIGHT & LEFT, HEEL SWIVELS

1-4            Bounce both heels to right twice, bounce both heels to left twice  
5-8            Swivel both heels right, left, right, center

Moving down and up during counts 5-8

## KICK, ¼ TURN LEFT WITH BACK KICK, KICK-BALL-CROSS, CHASSE, ROCK-STEP

1-2            Kick right foot forward, on ball of left make ¼ turn left - while kicking right foot back  
3&4            Kick right foot forward, step right foot in place, step left across in front of right foot  
5&6            Step right foot to right side, step left beside right, step right to right side  
7-8            Rock left foot back behind right, replace weight back onto right

## KICK, ½ TURN RIGHT WITH BACK KICK, KICK-BALL-CROSS, CHASSE, ROCK-STEP

1-2            Kick left foot forward, on ball of right make ½ turn right - while kicking left back

### Alternate steps:

1-2            Step left foot forward, pivot ½ turn right  
3&4            Kick left foot forward, step left in place, step right across in front of left  
5&6            Step left foot to left side, step right beside left, step left to left side  
7-8            Rock right foot behind left, replace weight back onto left

**REPEAT**

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