

# Time & Change

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Annette Latimer (UK)  
音乐: Rockin' Pneumonia - Ronnie McDowell



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## RIGHT SIDE, LEFT BEHIND & LEFT CROSS, RIGHT SIDE, LEFT ROCK, LEFT STEP SLIDE

1-2            Step right to right side, left step behind right  
3-4            Step right to right side, cross step left over in front of right, step right to right side  
5-6            Rock step left behind right, rock onto right in place  
7-8            Step left a big step to left side, slide right beside left

## LEFT SIDE, RIGHT BEHIND, & RIGHT CROSS, LEFT SIDE, RIGHT ROCK, RIGHT STEP SLIDE

9-10           Step left to left side, cross step right behind left  
&11-12        Step left to left side, cross step right over in front of left, step left to left side  
13-14         Rock step right behind left, rock onto left in place  
15-16         Step right a big step right side, slide left beside right

## HEEL SWITCHES X4, & STEP ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT

17&18        Touch right heel forward, step right beside left, touch left heel forward  
19&20        Step left beside right, touch right heel forward, step right beside left, touch left heel forward  
&21-22        Step left beside right, step right foot forward, pivot ½ turn left  
23-24        Step right forward, pivot ¼ left, (weight ends on left foot)

## SYNCOPATED JUMPS WITH DOUBLE CLAPS FORWARD AND BACK

&25&26        Jump forward landing right foot before left shoulder width apart, clap hands twice  
&27&28        Jump back landing right foot before left shoulder width apart, clap hands twice  
&29&30        Repeat steps &25&26  
&31&32        Repeat steps &27&28

**REPEAT**

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