

Tigger

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES)
音乐: Groove Is In The Heart - Dee-Lite



Start after 32 counts of the strong beat on the words "the chills that you"

STEP LEFT, RIGHT CROSS ROCK, SWEEP AND SAILOR ½ TURN, LEFT ROCK AND JAZZ BOX

1-2 Step left to side, rock right across left, recover
3 Sweep right to right and behind left
4&5 Step on right, ½ turn right onto left, step right next to left
6-7 Rock left to left side, recover to right
8&1 Cross left over right, step back on right, left next to right

WALK, WALK, SHUFFLE, STEP ¾ TURN RIGHT, SIDE SHUFFLE, HIP BUMP

2-3 Walk forward, left, right
4&5 Right shuffle forward (right, left, right)
6-7 Step forward left, ¾ turn to right
8&1 Step to side, right next to left, left to side, bumping hips left

HIP BUMPS, RIGHT AND LEFT TWINKLE, STEP ¾ SWEEP

2-3 Bump hips left, right
4&5 Right across left, left to side, right next to left
6&7 Left across right, right to side, left next to right
8&1 Walk forward right left, sweep right foot making ¾ turn right

SYNCOPATED WEAVE, ROCK RECOVER, ¼ TURN BOX STEP

2-3 Step right behind left, left to side
4&5 Cross right across left, left to side, right across left
6-7 Rock left to left, recover
8&1 Step left across right, step right back making ¼ turn left, step left next to right

RIGHT ROCK STEPS, CROSS UNWIND FULL TURN, RIGHT SHUFFLE

2&3& Rock right across left, recover, rock right to right side, recover
4&5 Rock right across left, step right to right side
6-7 Cross left across right make full turn right
8&1 Right to the side, left next to right, right to the side

LEFT ROCK STEPS, CROSS UNWIND FULL TURN, LEFT SHUFFLE

2&3& Rock left across right, recover, rock left to left side, recover
4&5 Rock left across right, step left to left side
6-7 Cross right across left make full turn left
8&1 Left to the side, right next to left, left to the side

REPEAT