

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Derek Steele (USA)
音乐: Remember the Time - Michael Jackson



STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, LEFT PADDLE TURN

- 1-2 Step right, touch left
- 3-4 Step left, touch right
- &5 Hitch right with a ¼ turn left, point right out to side
- &6 Hitch right with a ¼ turn left, point right out to side
- &7 Hitch right with a ¼ turn left, point right out to side,
- &8 Hitch right with a ¼ turn left, point right out to side, (full paddle turn)

BODY ROLL RIGHT, BODY ROLL LEFT, HIP BUMPS FORWARD & BACK AT ANGLE

- 1-2 Body roll right (take weight on right)
- 3-4 Body roll left (take weight on left)
- 5&6& Point right foot forward at an angle and bump your hips forward right, bump back left, bump forward right, bump back left
- 7&8& Bump forward right, bump back left, bump forward right, bump back left
(Option during hip bumps shake right hand towards ground like shaking dice)

RIGHT SHUFFLE FORWARD, ½ TURN LEFT, MOONWALK

- 1&2 Shuffle forward right, left, right
- 3& Shift weight to left while popping right knee, on the balls of both feet turn ½ left,
- 4 Take weight on right while popping left knee
- 5-6-7-8& Walk back left, right, left, right, touch left next to right, (for styling try Moonwalking)

LEFT SHUFFLE FORWARD, ¼ TURN LEFT, ANKLE ROLLS WITH ¼ LEFT (TWICE)

- 1&2 Shuffle forward left, right, left
- 3-4 Step forward right, turn ¼ left taking weight on the right
- 5& Touch left toe next to right heel, turn ¼ left by rolling the left knee to the left taking weight on left
- 6 Roll right knee to the left and step together with the right foot slightly back
- 7,8 Touch left toe next to right heel, turn ¼ left by rolling the left knee to the left, (almost at the same time you will be rolling the right knee to the left) weight will end on the left

**Styling note: counts 5&6-7-8 are from the dance style called "pop locking".
This type of dance, popular in the 80s, became a Michael Jackson trademark.**

Start Dance Over Again

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