

# Tidal Wave

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Miami - Will Smith



## APPLEJACKS, KICK BALL CHANGE, ½ MONTEREY TURN

- 1&2      Swivel right heel and left toe to left side. Return to place and transfer weight. Swivel left heel and right toe to right side. Return feet to place  
3&      Right foot kick forward, right step down in place  
4      Step left foot forward  
5      Right toe touch to right side  
6      Turn ½ turn right bringing right foot next to left  
7-8      Left toe touch to left side, left step together

## POINT CROSS STEPS, BODY ROLL

- 9-10      Point right toe to right side, step right in front of left  
11-12      Point left toe to left side, step left in front of right  
13-14      Point right toe to right side, step forward on right  
15-16      Body roll over 2 counts

## ¾ TURN, SHUFFLE, HEEL & TOE SWITCHES, SCUFF ¼ TURN

- 17-18      Right cross behind left, ¾ turn right  
19&20      Shuffle forward left, right, left  
21&      Right heel touch forward, step right beside left  
22      Left toe touch back  
23-24      Left scuff, hitch left making ¼ turn left

## SIDE STEP, CROSS, CROSSING SHUFFLE BEHIND, MASHED POTATO

- 25-26      Step left to left side. Cross step right behind left  
27&28      Step left to left side, cross step right behind left step left to left side  
29-30      Touch right toe in front, step back on right  
31      Step back on left  
32      Touch right toe back

## SHUFFLE, ¼ TURN, HEEL LIFTS, ¼ TURN, COASTER STEP

- 33&34      Shuffle forward right, left, right  
35      Left step forward making ¼ turn right  
36      Weight on left, lift right heel pushing hips out to left  
37-38      Shift weight onto right, lift left heel pushing hips out to right side  
39&40      On ball of right foot ¼ turn left stepping left back. Step right beside left. Step left forward

## ¼ TURN HITCH TWICE, HITCH IN PLACE, SIDE STEP, ¼ TURN SIDE STEP

- 41      Touch right toe to side and hitch making ¼ turn left  
42      Touch right toe to side and hitch while making ¼ turn left  
43      Touch right toe to side, hitch  
44      Go to touch right toe to side again but before reaching the floor hitch again  
45      Step right to right side making ¼ turn right  
46      Step left beside right  
47      Step left to left side  
48      Step right beside left

### **RIGHT HIP BUMPS, LEFT HIP BUMPS (4X4)**

- 49 Stepping forward on right bump right hip forward
- &50 Bending knees slightly bump right hip forward
- &51 Straighten knees and bump right hip forward
- &52 Bump right hip forward. (on last bump shift weight onto right foot)
- 53 Stepping forward on left bump left hip forward
- &54 Bending knees slightly bump left hip forward
- &55 Straighten knees and bump left hip forward
- &56 Bump left hip forward

### **ROCK STEP, 1 ½ TURN, SHUFFLE, STOMP**

- 57-58 Rock forward on right, rock back on left
- 59-60 Make 1 ½ turn over 2 counts
- 61&62 Shuffle forward right, left, right
- 63-64 Stomp left foot in place, stomp right foot next to left

### **REPEAT**

### **ALTERNATIVE MOVES**

- 29-31 Mashed potato forward on right, three back right, left, right
  - 48 Snake roll left
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