

Tickled Pink

拍数: 0 墙数: 0 级数:
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音乐: 18 Wheeler - P!nk



Sequence: AB, tag 1, ABB, tag 2, BBB

SECTION A

KICK-BALL-CHANGE, STEP, BOUNCE 1/8, BOUNCE 1/8, RIGHT COASTER, SKATE, SKATE

1&2 Kick right forward, step back onto right, step back onto left
3&4 Step right forward, bounce heels turning 1/8 over right shoulder, bounce heels turning 1/8 over right shoulder
5&6 Step right back, step left next to right, step right forward
7-8 Skate left, skate, right

SHUFFLE FORWARD, RIGHT MAMBO, SHUFFLE BACK, RIGHT ROCK AND BEHIND

1&2 Shuffle forward stepping left, right, left
3&4 Rock right to side, recover on left, step right back next to left
5&6 Shuffle back stepping left, right, left
7&8 Rock right to right side, recover weight onto right, step right foot behind left

LEFT ROCK AND BEHIND, RIGHT SHUFFLE, FORWARD MAMBO, BACK SHUFFLE

1&2 Rock left to left side, recover weight onto right, step left behind right
3&4 Shuffle right stepping right, left, right
5&6 Rock forward on left, recover on right, step left back next to right
7&8 Shuffle back stepping right, left, right

LEFT SHUFFLE, STEP RIGHT, TOUCH, STEP LEFT, TOUCH, KICK-BALL-CHANGE

1&2 Shuffle left stepping left, right, left
3-4 Step right to right side, touch left next to right
5-6 Step left to left side, touch right next to left
7&8 Kick right forward, step back onto right, step back onto left

SECTION B

LEAN RIGHT, PUSH, TOUCH, STEP, TOUCH, HOP BACK X3, KICK

1&2 Step right to right side (lean onto right ball), push weight off of right, touch right next to left
3-4 Step right forward, touch left next to right
5&6& Touch left behind right, hop back on right, touch left behind right, hop back on right
7-8 Step left foot back, kick right foot

STEP, STEP, SHUFFLE, LEFT MAMBO, STEP ¼, BEHIND, STEP RIGHT, IN FRONT

1-2 Walk forward right, left
3&4 Shuffle forward right, left, right
5&6 Rock left to side, recover on right, step left back next to right
7&8& Step right ¼ over right shoulder, step left behind right, step right to right side, cross left in front of right

ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK RECOVER, LEFT COASTER STEP

1-2 Rock right to right side, recover weight onto left
3&4 Step right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Step left back, step right next to left, step left forward

STEP, PIVOT ½, FULL TURNING SHUFFLE, STEP, KICK, SHUFFLE BACK

- 1-2 Step left forward, pivot ½ over left shoulder
- 3&4 Full turn shuffle over left shoulder stepping right, left, right
- 5-6 Step left forward, kick right foot forward
- 7&8 Shuffle back stepping right, left, right

TAG 1**STEP RIGHT, TOUCH, LEFT COASTER STEP, STEP FORWARD, TOUCH, SHUFFLE BACK**

- 1-2 Step right to right side, touch left next to right
- 3&4 Step left back, step right next to left, step left forward
- 5-6 Step right forward, touch left next to right
- 7&8 Shuffle back stepping left, right, left

ROCK BACK, RECOVER, SHUFFLE FORWARD, STEP, PIVOT ½, STEP, PIVOT ¼, TOUCH

- 1-2 Rock right back, recover weight onto left
- 3&4 Shuffle forward stepping right, left, right
- 5-6 Step left forward, pivot ½ over right shoulder
- 7-8& Step left forward, pivot ¼ over right shoulder (keeping weight on left foot)

TAG 2**STEP RIGHT, TOUCH, LEFT COASTER STEP, STEP FORWARD, TOUCH, SHUFFLE BACK**

- 1-2 Step right to right side, touch left next to right
- 3&4 Step left back, step right next to left, step left forward
- 5-6 Step right forward, touch left next to right
- 7&8 Shuffle back stepping left, right, left

STEP RIGHT, TOUCH, LEFT SHUFFLE, ROCK BACK, RECOVER, ½ TURNING SHUFFLE

- 1-2 Step right to right side, touch left next to right
- 3&4 Shuffle left stepping left, right, left
- 5-6 Rock right back, recover weight onto left
- 7&8 ½ turn shuffle over left shoulder stepping right, left, right

ROCK BACK, RECOVER, SHUFFLE FORWARD, STEP, PIVOT ½, ½ TURNING SHUFFLE

- 1-2 Rock left back, recover weight onto right
- 3&4 Shuffle forward stepping left, right, left
- 5-6 Step right forward, pivot ½ over left shoulder
- 7&8 ½ turn shuffle over left shoulder stepping right, left, right

ROCK BACK, RECOVER, SHUFFLE, WALK, WALK, STOMP, KICK

- 1-2 Rock back on left, recover weight onto right
 - 3&4 Shuffle forward stepping left, right, left
 - 5-6 Walk forward stepping right, left
 - 7-8 Stomp right foot next to left, kick right foot forward
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