

Ticket To Ride

COPPER **NOB**
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jo Thompson Szymanski (USA)
音乐: Heartbreak Express - Dolly Parton



VINE RIGHT, ¼ TURN RIGHT, HOLD, STEP, ½ TURN RIGHT, STEP, HOLD

- 1-4 Step right foot to right side, step left foot behind right, turn ¼ turn right and step right forward, hold
5-8 Step left forward, turn ½ turn right shifting weight to right, step left forward, hold

HEEL STRUTS FORWARD

- 1-4 Place right heel forward, drop right toe, place left heel forward, drop left toe
5-8 Place right heel forward, drop right toe, place left heel forward, drop left toe

JAZZ BOX, SCISSORS AND FLICK WITH ¼ TURN RIGHT

- 1-4 Step right across left, step back on left, step right to right side, step left across right
5-8 Step right to right side, step left together with right, step right across in front of left, flick left foot up turning ¼ right

STEP, LOCK, STEP, FLICK WITH ½ TURN LEFT, STEP, LOCK, STEP, HOLD

- 1-4 Step forward on left, lock/step right behind left, step forward on left, flick right foot up turning ½ turn left
5-8 Step forward on right, lock/step left behind right, step forward on right, hold

ROCK OUT, ROCK ACROSS, ROCK OUT, STEP, HOLD

- 1-4 Rock left to left side, replace weight to right, moving slightly forward, rock left across in front of right, replace weight to right
5-8 Rock left to left side, replace weight to right, moving slightly forward step forward on left, hold

STEP, HOLD, ½ TURN LEFT, HOLD, STEP, HOLD, ½ TURN LEFT, HOLD

- 1-4 Step forward on right, hold, turn ½ left, hold
5-8 Step forward on right, hold, turn ½ left, hold

TOE STRUT JAZZ BOX WITH ¼ TURN RIGHT

- 1-4 Step right toe across in front of left, drop right heel, step back with left toe, drop left heel
5-8 Turn ¼ right stepping right toe to right side, drop right heel, step left toe across front of right, drop left heel

VINE RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT WITH HOP, STEP LEFT, DRAG

- 1-4 Step right to right side, step left behind right, turn ¼ right and step forward on right, turn ¼ right and bring left knee up with optional hop on right foot
5-8 Take big step with left foot to left side, slowly drag right to left for counts 6-8 keeping weight on left

REPEAT
