

Tick Tock

拍数: 56 墙数: 2 级数: Intermediate
编舞者: John George (UK)
音乐: What You Waiting For? - Gwen Stefani



RIGHT TOUCHES AND LEFT TOUCHES

1-4 Touch right in front, to side, behind, to side
&5-8& Bring right in and touch left in front, to side, behind, to side

& ROCK STEP, COASTER STEP, FORWARD BACK HALF TURN SHUFFLE

&1-2& Rock forward onto right, back onto left
3&4 Step back on right, together left, forward right
5-6 Rock forward left, back onto right
7&8 Shuffle half turn left on a left, right, left, (6:00)

SIDE ROCK, CROSS SHUFFLE, THREE QUARTER TURN, LEFT SHUFFLE

1-2 Side rock onto right, rock back onto left
3&4 Cross right over left, step left, cross right over left
5-6 Make a quarter turn right stepping back on left, make half turn right stepping forward on right
7&8 Step forward left, together right, forward left

ROCKING CHAIRS, HALF TURN SHUFFLE, COASTER STEP

1-4 Rock forward right, back left, back right, forward left
5&6 Shuffle half turn left, stepping right, left, right
7&8 Step back left, together right, forward left, (9:00)

WALK TWICE, RIGHT SHUFFLE, LEFT KICK BALL CHANGE TWICE

1-2 Walk forward right, left
3&4 Shuffle forward right, left, right
5&6 Left kick ball change
7&8 Left kick ball change

ROCK STEP, SAILOR QUARTER TURN TWICE, THREE QUARTER TURN

1-2 Rock forward left, back onto right
3&4 Left sailor step making quarter turn right, (12:00)
5&6 Right sailor step making quarter turn right, (3:00)
7-8 Quarter turn right stepping onto left, half turn right stepping onto right, (12:00)

STEP HALF TURN, CROSS SHUFFLE, SIDE ROCK, TOUCH HOLD

1-2 Step forward left, make half turn right, (6:00)
3&4 Cross left over right, side right, cross left
5-6 Side rock onto right, back onto left
7-8 Touch right next to left, hold

REPEAT