

拍数: 0 墙数: 4 级数: Intermediate

编舞者: Michel Cabana (CAN) 音乐: Tic Toc - LeAnn Rimes



Sequence: (SLOW A) AB (SLOW A) AB AAA AA B

### PART A

					BEHIND & OVER
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INCONTRICTION.	INCON LLI I.		IX. IXOON EEL T	. INGGINIGIII.	

1-2	Step right to the right as you move your hips to the left, recover weight on the left as you
1-2	oted light to the right as you move your hips to the left, recover weight on the left as you

move your hips to the right

3&4 Step right behind left, step left to the left side, cross right over left

5-6 Step left to the left as you move your hips to the right, recover weight on the right as you

move your hips to the left

7&8 Step left behind right, step right to the right side, cross left over right

### ROCK, RECOVER, ½ TURN SAILOR SHUFFLE, MILITARY PIVOT, FORWARD LOCK STEP

1-2 Step forward on the right, recover weight on the left

3&4 Sweep right foot around as you pivot ½ turn right stepping back, step left beside right, step

forward on the right

5-6 Step forward on the left, pivot ½ turn right weight ending on the right 7&8 Step forward on the left, step right beside left, step forward on the left

#### ROCK RIGHT, ROCK LEFT, BEHIND & OVER, ROCK LEFT, ROCK RIGHT, SAILOR WITH 1/4 TURN LEFT

1-2 Step right to the right as you move your hips to the left, recover weight on the left as you

move your hips to the right

3&4 Step right behind left, step left to the left side, cross right over left

5-6 Step left to the left as you move your hips to the right, recover weight on the right as you

move your hips to the left

7&8 Sweep left foot around as you pivot ½ turn left stepping back on the left, step right beside left,

step forward on the left

### MILITARY PIVOT, FORWARD LOCK STEP, MILITARY PIVOT, ½ TURN TRIPLE

1-2	Step forward on the right, pivot ½ turn left weight ending on the left
3&4	Step forward on the right, lock left behind right, step forward on the right
5-6	Step forward on the left, pivot ½ turn right weight ending on the right

7&8 Step forward on the left, pivot ½ turn right as you step right beside left, step forward on the

left

# PART B

# SIDE, BEHIND & OVER, SIDE, BEHIND & OVER, SIDE, TOGETHER, CROSS

1-2&3	Step right to the right, cross left behind right, step right beside left, cross left over right
4-5&6	Step right to the right, cross left behind right, step right beside left, cross left over right

7&8 Step right to the right, step left beside right

# SIDE, BEHIND & OVER, SIDE, BEHIND & OVER, SIDE, TOGETHER, CROSS

1-2&3	Step left to the left, cross right behind left, step left beside right, cross right over left
4-5&6	Step left to the left, cross right behind left, step left beside right, cross right over left

7&8 Step left to the left, step right beside left