

Tic Toc

拍数: 0 墙数: 2 级数: Intermediate
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音乐: Tic Toc - LeAnn Rimes



Sequence: AAA B AAA B AAAAA B (end on last B)

PART A

WALK & SNAP (WALKING ON ALL ODD COUNTS AND SNAPPING ON ALL EVEN COUNTS)

- 1 Touch ball of right foot forward and throw right hand out to right side
- As it throwing a Frisbee**
- 2 Place heel and weight down on right foot while snapping right fingers out to right side
- 3 Touch ball of left foot forward and throw right hand out to right side
- 4 Place heel and weight down on left foot while snapping right fingers out to right side
- 5 Touch ball of right foot forward and throw right hand out to right side
- 6 Place heel and weight down on right foot while snapping fingers out to right side
- 7 Touch ball of left foot forward and throw right hand out to right side
- 8 Place heel and weight down on left foot while snapping fingers out to right side

KICK STEP TOUCH, FULL TURN (PENCIL TURN AS OPTION), EXTEND ARM FRONT / IN / OUT AND REPEAT

- 1&2 Kick forward right as right arm pushes straight up above head, step down on right while arm starts to pass through about waist level, touch left toe out to left side bringing arm straight down to right side
- 3 Full stationary turn on the right foot toward left shoulder
- Hitch left foot to right as you begin turn**
- 4 Step down on the left to end up facing front
- 5 Step out on right (feet shoulder width apart) to the right side while snapping right fingers forward
- 6 Lunge right on right foot while snapping fingers out to right side
- 7 Come center with feet shoulder width apart while snapping left fingers forward
- 8 Lunge left on left foot while snapping fingers out to left side

STEP BEHIND, STEP, ½ TURN, STEP, BEHIND, ¼ TURN, STEP PIVOT, STEP, STEP, TOUCH & SNAP

- 1&2 Step right behind left, step out on left, ½ turn left stepping on right foot
- 3&4 Step left behind right, step out ¼ turn on right, step forward on left foot
- 5 Pivot ½ turn right with right taking weight
- 6 Step forward on left
- 7 Step forward on right
- 8 Touch left next to right and snap both fingers out to side

TOUCH TOE BACK, ¼ TURN, SQUAT, STEP TOGETHER, SNAP, TOUCH BEHIND, ½ TURN, STEP LEFT, TOUCH

- 1 Touch left toe back
- 2 ¼ turn left to face front into a squat with weight on both feet
- Hands on both knees**
- 3 Pull right foot into left (weight on both feet)
- 4 Hold while snapping both hands out from sides
- 5 Right toe back
- 6 ½ turn right weight goes to right foot
- 7 Step out left on left

8 Right toe touches behind left foot while throwing left hand out to side with head turning in the same direction

PART B

TOE TOUCHES SAILOR STEPS

Timing of these steps will correspond with the lyrics of song only. No counts!!

- "Tic" Touch right foot forward cross arms with fists waist level forward right over left
- "Toc" Touch right foot to right side and bring both arms out to sides
- "Tic" Touch right foot forward cross arms with fists waist level forward right over left
- "Toc" Touch right foot to right side and bring both arms out to sides
- "Baby" Sailor step sweeping right behind left, step in place on left and step on right foot to conclude step on the word "B-a-b-y"
- (Repeat) Repeat above on opposite side for next count of 8

ENDING

At the end of the third B pattern, end dance stepping forward on right and throw both hands out to side. This will finish extra beat of song
