

Thunder Rock

拍数: 32 墙数: 2 级数:
编舞者: Mike Repko (USA)
音乐: How Long Gone - Brooks & Dunn



RIGHT KICK BALL CHANGE: ROCK STEPS WITH ¼ TURN LEFT

1&2 Kick right foot forward: step on ball of right foot: change weight to left foot
3-4 Rock forward on right: rock back on left
5-6 Rock back on right: rock forward on left
7-8 Step forward on right turning ¼ turn to left: shift weight to left foot

RIGHT AND LEFT SAILOR STEPS: ROCK STEPS

9&10 Step right foot behind left: side step left foot left: side step right foot right
11&12 Step left foot behind right: side step right foot right: side step left foot left
13-14 Rock forward on right: rock back on left
15-16 Rock back on right: rock forward on left

LEFT GRAPEVINE WITH ¼ TURN: CROSS STEP: SIDE ROCKS

17-18 Cross step right over left: step left foot to left side
19-20 Cross right foot behind left: side step left foot left turning ¼ turn left
21-22 Cross right over left: side step left to left side
23-24 Rock on right to right side: rock back on left to left side

¼ TURNS, ½ TURN WITH TOUCHES & CLAPS

25-26 Step right turning ¼ turn to right: step left turning ¼ turn to right
27-28 Step right turning ½ turn to right: touch left toe beside right with a hand clap
29-30 Step left turning ¼ turn to left: step right turning ¼ turn to left
31-32 Step left turning ½ turn to left: touch right toe beside left with a hand clap

REPEAT
