

# Thumper

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Andrew Chalk (UK)  
音乐: Draggin' My Heart Around - Travis Tritt



## Start with both feet shoulder apart

- 1-4      Lift and drop right heel four times  
5-8      Lift and drop left heel four times  
9-10     Touch right heel forward and replace beside left  
11-12    Touch left heel forward and replace beside right  
13-14    Touch right heel forward, hook right heel in front of left knee  
15-16    Touch right heel forward, place right foot beside left foot  
17-18    Touch left heel forward, hook left heel in front of right knee  
19-20    Touch left heel forward, place left foot beside right foot
- 21-24    Swivel heels, right, left, right, then return to center  
25-26    Touch right heel forward, place right foot beside left foot  
27-28    Touch left heel forward, place left beside right foot  
29-30    Split both out and return to center  
31-32    Touch right toe out to right side, place right foot beside left foot  
33-34    Touch left toe out to left side, place left foot beside right foot
- 35-36    Jump both feet apart (shoulder with apart).hold for one beat  
37-38    Jump both feet together, hold for one beat  
39-40    Jump both feet apart and together  
41&      Kick right foot forward, kick right foot back  
42&      Kick right foot forward, hook right foot in front of right knee  
43&      Kick right foot forward, step right beside left
- 44&      Kick left foot forward, kick left foot back  
45&      Kick left foot forward, hook left foot in front of right knee  
46&      Kick left foot forward, step left beside right
- 47-48    Step right to right side, cross left behind right  
49-50    Step right to right side while making a 1/4 turn right, swing left around right while making a 1/2 turn right  
51-52    Step right forward, hitching left knee  
53-54    Step left forward, hitching right knee  
55-56    Step right forward, hitching left knee  
57-58    Step right foot out to right side, cross left behind right  
59-60    Step right foot out to right side, hitch left knee beside right  
61-62    Step right foot out to right side, cross left behind right  
63-64    Step right foot out to right side while making a 1/4 turn left, stomp

**REPEAT**

---