

Thru The Roof

拍数: 80 墙数: 4 级数: Intermediate
编舞者: The Wanderer (UK)
音乐: Steam - Ty Herndon



HIP BUMPS, SIDE ROCK, LEFT CHASSE

1234 Step left diagonally left, bump hips forward left twice, bump hips back right twice
5-6 Step left to left side, rock weight onto left, back onto right
7&8 Step left to left side, right next to left, step left to left side

POINT CROSS X 3, LEFT COASTER STEP

9-10 Point right to right side, cross right over left
11-12 Point left to left side, cross left over right
13-14 Point right to right side, cross right over left
15-16 Step back on left, step right next to left, step left forward

17-32 Repeat above 16 steps starting on right foot

ROCK, ROCK, TURN ½ SHUFFLES TWICE, LEFT COASTER STEP

33-34 Rock forward onto left, back onto right
35&36 ½ turn left shuffle, leading left, right, left
37&38 ½ turn left shuffle, leading right, left, right
39&40 Step back on left, step right next to left, step forward onto left

SAILOR SHUFFLES TWICE, ¾ & ½ TURNS RIGHT

41&42 Step right behind left, step left to left side, step right to right side
43&44 Step left behind right, step right to right side, step left to left side
45-46 Cross right behind left, unwind ¾ turn to your right
47-48 Step forward onto left, ½ turn step pivot to right (stomp right down)

SIDE, BEHIND, ¼ TURN SHUFFLE, FULL TURN, ¼ TURN SHUFFLE

49-50 Step left to left side, step right behind left
51&52 Step ¼ turn to left with left foot, slide right next to left, step forward left
53-54 Step forward onto right, ½ turn to left, step back onto left, ½ turn to left
55&56 Step ¼ turn to left with right foot, slide left next to right, step right to right side

ELVIS KNEE'S RIGHT HITCH

57-58 Bend left knee (towards right leg), hold
59-60 Bend right knee (towards left leg), hold
61-62 Left knee, right knee
63-64 Left knee, hitch right knee over left leg (at this point my lot punch the air and shout woo!)

FULL AND DOUBLE MONTEREYS, CROSS

65-68 Point right to right, step right in place (½ Monterey) point left to left side, step left in place
69-72 Point right to right side, step right behind left, unwind full turn to right, point left to left side, cross left foot over right foot

Option

65-72 Point right to right side & in place, point left to left side & in place, ½ Monterey turn to right

ROCK, ROCK, ½ TURN SHUFFLE, WALK AND HITCH

73-74 Step forward onto right, rock weight onto right, back onto left
75-76 ½ turn shuffle over right shoulder, leading right, left, right

77-78 Step forward onto left foot, step forward onto right foot
79-80 Touch left heel forward, hitch left knee up & over right leg

Option: left heel hook

REPEAT

TAG

When danced to Steam repeat counts 1-16 on left once at the end of first wall only (16 beat bridge)
