

Throw A Shoe

拍数: 32 墙数: 0 级数:
编舞者: Larry Bass (USA)
音乐: As Long As You Belong To Me - Holly Dunn



KICK-BALL-CROSS, SIDE ROCK ¼ TURN; ½ TURN SHUFFLE, ROCK STEP.

1&2 Kick right foot forward, step ball of right foot beside left; cross step left foot over right.
3-4 Step right foot to right; turning ¼ turn left, rock onto left foot.
5&6 Right turning shuffle (right-left-right), turning ½ turn left.
7-8 Rock left foot back; rock right foot forward.

KICK-BALL-CROSS, SIDE ROCK ¼ TURN; ½ TURN SHUFFLE, ROCK STEP.

9&10 Kick left foot forward, step ball of left foot beside right; cross step right foot over left.
11-12 Step left foot to left; turn ¼ turn right, rock onto right foot.
13&14 Left turning shuffle (left-right-left), turning ½ turn right.
15-16 Rock back on right foot; rock forward on left foot.

HEEL SWITCHES, STEP FORWARD, ¼ TURN; CROSSOVER STEP, BACK, SIDE SHUFFLE.

17& Touch right heel forward, step right foot beside left.
18& Touch left heel forward, step left foot beside right.
19-20 Step right foot forward; turn ¼ left onto left foot.
21-22 Cross step right foot over left; step left foot back.
23&24 Step right foot to right, step left foot beside right; step right foot to right.

HEEL SWITCHES, STEP PIVOT; CROSSOVER STEP, BACK, SIDE SHUFFLE.

25& Touch left heel forward, step left foot beside right.
26& Touch right heel forward, step right foot beside left.
27-28 Step left foot forward; pivot ½ turn right onto right foot.
29-30 Cross step left foot over right; step back on right foot.
31&32 Step left foot to left, step right foot beside left; step left foot to left.

REPEAT
