

Thrill Me (Or Else!)

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Terry Hogan (AUS) & Roxanne Kumre (AUS)
音乐: Hold Me, Thrill Me, Kiss Me - Gloria Estefan



The intro is very short, so count '5,6,7,8' as soon as the music starts

FORWARD, TOGETHER, BACK ¼ RIGHT, FORWARD, ½ RIGHT, FORWARD, FORWARD, ¼ LEFT SIDE, ¼ RIGHT FORWARD, ½ RIGHT BACK, ROCK BACK, REPLACE

1&2 Step right forward, step left beside right, step right back making ¼ turn right
3&4 Step left forward, make ½ pivot turn right onto right, step left forward
&5 Step right forward, make ¼ turn left stepping left to the side
6 Make ¼ turn right and step right forward
&7 Make ½ turn right and step left backward, rock-step right backward
8 Rock-step forward onto left

¼ LEFT SIDE, BEHIND, SWEEP, BEHIND, SIDE LEFT, SIDE RIGHT, TOGETHER, SIDE RIGHT ¼ LEFT, ½ LEFT FORWARD, FORWARD RIGHT, ½L FORWARD, FORWARD

&9 Make ¼ turn left and step side right, step left across behind right
&10 Swing/sweep right foot around behind left, step right down crossed behind left
11 Step side left
12&13 Step side right, step left beside right, step side right making ¼ turn left
14 Make ½ turn left and step left forward
&15 Step right forward, make ½ pivot turn left stepping forward onto left
16 Step right forward

FORWARD, ROCK FORWARD, REPLACE, BACK, FORWARD, FORWARD, ROCK FORWARD, REPLACE, BACK, FORWARD

17 Step left forward
18&19 Rock-step right forward, replace weight onto left, step right back while sliding/lifting left foot across in front of right shin
20-21 Step forward left, right
22&23 Rock-step left forward, replace weight onto right, step left back while sliding/lifting right foot across in front of left shin

Push hips toward diagonal with each forward rock-step

24 Step right forward

FORWARD, ½ RIGHT, FORWARD, FORWARD ¾ LEFT, SIDE, TOGETHER, SIDE, ¼ RIGHT FORWARD, FORWARD, ½ RIGHT FORWARD, ½ RIGHT TOGETHER

25&26 Step left forward, make ½ pivot turn right onto right, step left forward
& Step right forward and make ¾ turn left
27&28 Step side left, step right beside left, step side left
29 Make ¼ turn right and step right forward
30-31 Step left forward, make ½ pivot turn right stepping forward onto right
&32 Step left forward, make ½ pivot turn right stepping forward onto right
& Step left beside right

REPEAT