

Three Wishes

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Angie Shirley (UK)
音乐: Tres Deseos (Three Wishes) 12-Inch Remix - Gloria Estefan



STEP LEFT WITH HIP BUMPS

1-2 Step left foot diagonally forward & bump left hip forward left, bump right hip back right
3&4 Bump hips forward left, back right, forward left

(THREE WISHES) RIGHT HEEL GRINDS, ROCK, RIGHT COASTER STEP

5 Dig right heel diagonally forward (1:00) with toes pointing in lift left foot off floor as you grind right heel into floor pushing toes out
6 Rock back on left foot
7&8 Step back on right foot, step left foot next to right, step forward on right foot
Now at 2:00
8&9-10 Jump slightly forward on left foot, dig right heel forward (3:00) with toes pointing in and lift left foot off floor as you grind right heel into floor pushing toes out, rock back on left foot
11&12 Step back on right foot, step left foot next to right, step forward on left foot (4:00)
13-14 Repeat step 8&9-10 digging right heel forward (5:00)
15&16 Repeat steps 11&12 ending at 6:00
Through steps 5-16 you will have made ½ turn over right shoulder

OPTIONAL ARM MOVEMENTS ON COUNTS 5-6 & 9,10 & 13,14

Crossing hands at waist height push forward and out to sides on heel grinds lowering before coaster steps

STEP LEFT WITH HIP BUMPS

17-18 Step left foot diagonally forward & bump left hip forward left, bump right hip back right
19&20 Bump hips forward left, back right, forward left

CROSS UNWIND, CROSS, UNWIND, CROSS SHUFFLE, ROCK STEPS

21-22 Cross step right over left, unwind ½ turn over left shoulder (facing original wall)
23-24 Cross step left over right, unwind ½ turn over right shoulder
25&26 Cross step right over left, step left foot to left side, cross step right over left
27-28 Rock out to left on left foot, rock in place on right

29-36 Repeat steps 21-28 starting on left foot traveling to right

SWEEPS BACK, ROCK STEPS

37&38 Sweep right foot behind left (weight on right), rock out to left on left foot, rock in place on right foot
39&40 Sweep left foot behind right (weight on left), rock out to right on right foot, rock in place on left foot
41&42 Repeat steps 37&38
43&44 Repeat steps 39&40
Through steps 37-44 you travel slightly (almost on spot) back

SWEEP ¾ TURN RIGHT, STEP, KICK BALL CROSS

45-46 Sweep right foot behind left making ¾ turn over right shoulder, step slightly forward on right foot
47&48 Kick left foot forward, step back on left foot, cross step right over left

LEFT SYNCOPATED VINE WITH ROCK, VINE RIGHT WITH ½ TURN & HITCH TWICE

- 49-50 Step left foot to left side, cross step right foot behind left
- &51-52 Step left foot to left side, cross step left foot over right, rock out on left foot
- 53-56 Step right foot to right side, cross step left foot behind right, step right foot $\frac{1}{4}$ turn right, pivot $\frac{1}{4}$ turn right on ball of right foot, hitching left knee
- 57-64 Repeat steps 49-56

REPEAT
