

Three Step Boggie

拍数: 40 墙数: 4 级数: Improver
编舞者: Larry Duprey (USA)
音乐: Wild Horses - Garth Brooks



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- 1&2 Shuffle diagonally (45 degrees) to right - right, left, right
3&4 Shuffle diagonally (45 degrees) to left - left, right, left
5&6 Shuffle forward - right, left, right
7&8 Shuffle back on left, while doing a ½ turn to left on right, step forward on left
- 1&2 Steps are diagonally at (45 degrees) to right, step side right then left-right toe tap and clap
3&4 Step side right then left-right toe tap and clap
5&6 Step side right then left-right toe tap and clap
7&8 Step side right then left with left toe tap and clap
- 1&2 (Weight on right) kick left foot forward and step back on left, right toe back
3&4 (Weight on left) kick right foot forward and step back on right, left toe back
5&6 Step side left then right-left toe tap and clap
7&8 Step side left then right-left toe tap and clap
- 1&2 Step side left then right and clap
3&4 Step side left with right toe tap and clap
5&6 Right sailors shuffle-right behind left, left to side and right step to side
7&8 Left sailors shuffle-left behind right, step with right foot ¼ turn right and left step to side
- 1&2 Kick right foot forward and step back on right, left toe back, (weight on right)
3&4 Kick left foot forward and step back on left, right toe back
5&6 Step right foot forward at 45 degrees while flexing right knee and drag left foot to toe tap
(body roll) position
7&8 Step left foot forward at 45 degrees while flexing left knee and drag right foot to toe tap (body
roll) position

REPEAT
